



# Psychiatry Clerkship Exam

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Dr. Schilling

# Video Interview Write-Up

40 points 11.1%

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- Orientation immediately before exercise
- 30 minute video interview
  - Challenging patient
  - Interview is less than perfect
  - Will not have all the info you would like
  - Transcript provided to you
- ~2 hours 45 min: write up



# Video Interview Write-Up

## MSE section

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- 1<sup>st</sup> day of Psych MSE
- Normal? ~~Normal~~
  - Describe what you observed
  - Describe what you looked for but did not observe
- 10/40 points-25% of exercise
- Most students score  $\geq 9$



# Video Interview Write-Up

## Differential diagnosis section

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- Given diagnosis
  - Based on interview
  - Q: what info supports the dx?
  - Q: what info is inconsistent with, is lacking, or may even allow you to rule out dx?
  - 7 questions: (actually 9; 2 are double questions)
- Consider all the DSM-5 criteria for the dx
- Explain your thinking!!
- 10/40 points-25% of exercise



# Video Interview Write-Up Treatment Plan

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- End of the clerkship-show what you can do!!
- Further information provided
  - Dx: important you make note of this
  - Tx: current meds (will you continue, add to regimen, or stop one and start another?)
- 7-8 questions: A few have >1 part
- 20/40 points (50%)



# Study strategy recs

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- Know common diagnoses well
  - Schizophrenia, MDD, BAD, Substance
  - Know diagnostic criteria so you can apply it
  - What is a common treatment of common dx?
    - Non-medication treatments?  
Especially Substance diagnosis; MDD;
    - Meds?  
What meds commonly used for common dx?



# Study strategy recs

## Know a few commonly used meds

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- Anti-psychotic-SGA:

- Quetiapine (Seroquel), Aripiprazole (Abilify)

- Used to treat:

- Schizophrenia & other psychotic illnesses

- Bipolar disorder

- MDD-added to anti-depressant as adjunct tx

- Up-To-Date Summary

- Many advantages compared to other med options

- Fewer disadvantages compared to other med options



# Study strategy

## Know a few commonly used meds

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- Anti-depressants

- Used to treat very common Psych Illnesses:  
MDD & GAD, Panic Disorder
- SSRI: sertraline (Zoloft) or (es) citalopram  
(Lexapro) Celexa
- SNRI: venlafaxine (Effexor)
- Atypical: bupropion (Wellbutrin)
  - Can be combined with most other antidepressants
  - Side effect profile has advantages over other anti-depressants
  - Great for depression tx
  - Not good for anxiety tx





# Study strategy

Know a few commonly used meds well

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- Mood stabilizers:

- Li, Depakote, SGA (already covered)
  - Commonly used in monotherapy
  - Commonly used in combination (nature of tx'ing Bipolar dis)
  - Li/Depakote + SGA/FGA
    - Monotherapy trials not working;
    - Severe manic episode
- Mania, Bipolar Depression, Maintenance
  - Lithium, Depakote, Quetiapine, others?
- Up-To-Date Summary



# Video Interview Write-Up Treatment Plan

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- Q: Given meds A, B; which do you recommend?

- Reasons for med you recommend:

Med A? **Put main focus on med A**

- Advantages:

- What desirable effect(s) does med A have? What does it treat?

What med(s) treat all 3 phases of Bipolar?

What med(s) ↓suicide risk?

What meds treats psychosis & mood disorders?

What meds treat severe mania?

What treatments used for severe depression?



# Video Interview Write-Up Treatment Plan

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- Disadvantages: Side effects of med A:

## Common

SGA's: metabolic syn

Anti-depressants-↓sex, ↑wt, GI

Li- Many renal related issues

DDI, polyuria, DI

Depakote-liver related issues

Both: weight gain, tremor, GI

## Serious

NMS

?

Li toxicity

Pancreatitis, ↑NH<sub>4</sub>-enceph

Teratogenic

Med A is less likely to have a problematic side effect than Med B

- Example: Med A ⇒ possible weight gain but much less likely than med B
- Example: Med A ⇒ no sexual side effect; med B may have sexual side effects



# Video Interview Write-Up

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- In General
  - Read the question carefully
  - If the patient asked you the question, what would you tell the patient?
  - Be as complete as you can
  - Take advantage of the format and explain your thinking!!



Questions on...

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The Video OSCE?



# Change to the Shelf exam

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- Advantages:
  - Step 2 Preparation
  - UWorld as Shelf Prep
  - Match of the NBME/Shelf with clerkship textbook & curriculum  
Automatically there are many topics that match up well
  
- Disadvantages
  - Topic areas that do not match up very well with curriculum
    - Child psych; Developmental disorders
    - Topics that are less likely to be seen clinically
  - UWorld as Shelf Prep:  
Too much of a good thing?



# Change to the Shelf exam

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- Clerkship curriculum change in 2023-24
  - Short Answer Quizzes: Emphasis on pharmacology  
Less emphasis on diagnosis
  - Shelf Prep Quizzes: More emphasis on diagnosis  
Less emphasis on pharmacology
- First Day of Clerkship
  - Psychiatry NBME Subject Examination Notes  
Should be much useful information
  - Medications: DDI & Serious side effects
  - Know medications generic name



# Passing Standard

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- Minimum Passing score:
- CCA Set Standard for all core clerkships  
5<sup>th</sup> Percentile
  - Psychiatry: 72 is minimum passing score
- First 3 clerkships
  - 30/57 > 50<sup>th</sup> percentile; Looks good!
  - 1 fail, 71; successfully remediated w score of 88
  - Second lowest score 78





# Organize Studying

## Video Interview Write Up & Shelf Exam

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- LUMEN clerkship website
- Different materials
  - Recorded Lectures
  - Lecture Powerpoints slides
  - Up-To-Date material (7)
    - Treatment of: Anxiety Disorder, Bipolar Disorder, Major Depression, Substance Use Dis
    - Medications: Antidepressants, Antipsychotics, Bipolar Meds
  - Jeopardy Boards (6)
    - Schizophrenia, Bipolar, Substance, Antidepressants, Antipsychotics, Mood Stabilizers



# A Few Studying Thoughts

## Video Interview Write Up & Shelf Exam

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- Different ways to learn the material
- Spaced Retrieval Practice & Repetition
  - Flash Cards:
    - Jeopardy Boards
    - Anki.app electronic flash cards  
made by prior SSOM m3 prior to Shelf exam
- Study with a peer:
  - Up-To-Date Summaries: ask your own questions
  - Flash cards
  - Other clerkship material-Lecture Ppts

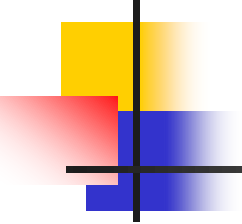


Questions on...

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The Psychiatry Shelf Exam?

Good luck!



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You may access this slide  
set via the Psychiatry  
Clerkship website on  
LUMEN