

SUB I UNITS OSCE STEP-BY-STEP GUIDE FOR STUDENTS

Welcome to your SUB I OSCE. This exercise has been designed to allow you to demonstrate your ability to:

- Demonstrate empathy as you discuss the POLST form.
- Use lay language to explain the different treatments addressed in the POLST form.
- Determine preferences regarding CPR and other life-sustaining therapies.
- Make appropriate recommendations regarding full treatment.

What to expect the day of your OSCE

For this OSCE, you will be speaking to the family member of a patient who has been in the ICU for the past three weeks. You will explain to the family member that you need to complete the POLST form. Based on what you learn about the patient you will provide recommendations for the most appropriate options for sections A and B. You can explore sections C and D but they are NOT required. A POLST form will be available to you.

1. **5** minute orientation outlining the logistics of the OSCE and answering any questions you may have (hallway outside of the Clinical Skills Center)
2. **20** minute encounter with SP. There will be an overhead announcement when there are **5** minutes remaining in the encounter and a second overhead announcement once the 20 minutes is up. Verbal feedback will be provided immediately by the SP.
3. Complete a Center for Simulation Education survey related to your SP and your overall experience

Other Reminders

- Be sure to wear your white coat
- SPs are a valuable assessment tool used to evaluate your clinical skills in a standardized fashion. While we make every attempt to ensure the encounters are as realistic as possible, there are some limitations. The physical profile of the SP may not always align with the case. For example, the SP may say they are 40 years old but they may look to be 20 or 60 years old. They may say that they had a certain surgery but you see no evidence (scar) of that surgery upon physical exam. Thus, it is important that you suspend your disbelief and always go with the history that the SP provides. The more that you can “buy in” to this encounter and treat it as if it is real, the better you will do.
- If you are running late or unable to attend your scheduled OSCE for some reason, be sure to call 708-216-2350 the day of the OSCE to make our staff aware