BEHAVIORAL MEDICINE and DEVELOPMENT  
SSOM 2012 (Semester 1 for Class of 2016)

OVERVIEW
Behavioral Medicine and Development is a course that covers some behavioral and developmental aspects of medicine. Students learn the basic elements of normal patterns of development through the life span and their effect on health of individuals. It also covers a few of the common biopsychosocial health problems that affect patients.

COMPETENCIES
Behavioral Medicine competencies are based on the SSOM competencies and USMLE Step1 content.

Competency: Medical Knowledge
Students will know factual information about the:
1. Behavioral/developmental aspects of the human life span, childhood, adolescence and older age, including cognitive, motor, language, psychosocial and interpersonal development.
2. Considerations in patient’s death and dying
3. Aspects of the effects of gender on health and disease.
4. Family and social factors influencing patient behavior.
5. Features of normal sexuality and variants.
6. Relationship between stress and disease/illness.
7. Most common health related concerns of those who are Gay, Lesbian and Transgendered.
8. Common psychological responses of patients
9. Common psychiatric problems of general medical patients
10. Specific experiences of families and persons living with developmental and other physical disabilities
11. Specific experiences of those with chronic medical diseases and methods of care
12. Health and illness significance and psychosocial factors of pain
13. Health aspects of Obesity
14. Sleep and sleep disorders
15. Prevalence, pathophysiology and behaviors of substance use and related disorders
16. Significance of violence across age spectrum

Competency: Communication Skills
Students will be able to:
1) Facilitate the learning of other students and faculty by interacting and asking questions.
Competency: Professionalism
Students will be able to:
1) Converse appropriately and behave with personal integrity in all course activities and in interactions with peers, and faculty/
2) Recognize and accept their own limitations in knowledge and clinical skills and commit to continuously improve their knowledge and ability
3) Provide timely, honest, and appropriately written feedback about the lectures in the course when requested.

Competency: Social and Community Context of Healthcare
Students will be able to:
1) Demonstrate an understanding that some individuals in our society are from different developmental groups and different, sexual and cognitive minorities and how that characteristic affects presentation of illness and health care utilization.
2) Identify resources outside the health care system important to the care of individuals with disabilities, including social, educational, governmental and legal.

READING ASSIGNMENTS

Reading Assignments
Lectures have required or suggested readings as per the syllabus.
Required Text: Wedding, Danny & Stuber Margaret Behavioral & Medicine, 5th Edition.

EXAMS AND GRADING

There will be two examinations given at the end of the course. Dates appear on the course schedule. Grading for students will be based upon the cumulative scores on both exams. At the end of the course, students will be grouped into one of four categories using this general guideline:

- Honors: > or equal to 90% of exam questions correct
- High Pass: > or equal to 85%
- Pass: > or equal to 70%
- Fail: < 70%