Patient Centered Medicine 2

DRESS CODE, APPEARANCE, AND SCRUB ATTIRE

Medical students are expected to be in compliance with the following appearance and uniforms standards of the Stritch School of Medicine, which are in accord with the uniform policy of the Loyola University Medical Center and Hospital. Students who are assigned to clinical sites other than LUMC are responsible for learning and following the policies and procedures of the site in regard to scrub attire.

1. General Dress Standards:

Preclinical
- During the preclinical years, medical students are expected to dress appropriately in the academic, business and clinical areas on campus.
- Shirt and shoes are required in educational, administrative and clinical buildings and on the property that is adjacent to them. Gym clothes (except inside the Fitness Center), low cut tops, short shorts, and bathing suits are not suitable inside or outside campus buildings at the Medical Center.
- Closed toe shoes are required in laboratory areas for safety.

Clinical Settings
- Medical students are expected to maintain a professional appearance in the clinical settings. Clothing should be business-like; neckline and hemline should be conservative.
- Students should wear clean, pressed, well fitting personal attire; undergarments should be worn.
- Daily hygiene must include clean body, teeth and clothes; heavily scented fragrances should be avoided.
- Hair should be clean and well groomed and tied back when engaging in patient care activities or operating machinery
- Well groomed beards, sideburns, mustaches are allowed but may not interfere with personal protective face gear. Extreme cosmetic/make-up applications should be avoided.
- Nails should be well manicured and polish color if worn should be conservative. Nail length should not interfere with clinical activities and safety of patients or staff.
- Body piercing, tattoos, and jewelry should be discreet; no jewelry may be worn in operating rooms.
- Shoes should be clean and in good condition; closed tops are recommended for safety.
- T-shirts, cropped tops, very short skirts, spaghetti strap tops, flip flops, jeans, shorts and sweat shirts and pants are not acceptable.

2. IDENTIFICATION BADGES
Medical students must wear an LUMC photo ID badge along with the Stritch student nametag on the vest pocket of their white coat. ID badges issued at other clinical teaching sites should be worn in addition to the Loyola IDs.
3. **WHITE COAT**

Students should wear a clean, pressed, **short** white coat in the hospital. Coats should be plain, white, with no embroidery above the vest pocket, and an official LUMC patch may be sewn on the sleeve. A **long** white coat **must** be worn in lieu of a short coat at the LUMC Hospital whenever green or blue scrub attire is also being worn. See scrub attire policy below.

**SCRUB ATTIRE**

- **A.** Students should arrive at the hospital in appropriate street clothing. No scrubs are to be worn into or out of the hospital or between the hospital and other campus buildings.
- **B.** Scrubs can be worn where performance of procedures is a major component of the patient care activities (i.e., operating rooms, trauma bay/emergency room, burn center and surgical intensive care units).

  Green, blue and other colors of scrub attire must be restricted to the designated areas specified by the medical center.

  Students are expected to change from scrub attire as soon as possible when it is no longer necessary to wear such garb as a uniform.
- **C.** Scrub attire provided by the hospital is hospital property and must be returned immediately after use.
- **D.** After use, no scrubs are to be worn if they have bodily fluids on them. Scrubs should be changed **immediately** if they become contaminated.
- **E.** Scrubs worn outside of procedure areas are to be covered with a long lab coat that must remain buttoned at all times. Do not sit in the cafeteria or any areas with an unbuttoned lab coat if wearing scrubs.
- **F.** No surgical hats, booties or masks are to be worn outside of the operating room or procedure areas.

*Excerpted from 2012 APM*

*Distributed 6/12*
Required Textbooks
Listed below are the textbooks required for PCM 2.

REQUIRED 2nd YEAR (need for year 2 and 3)

Required Video Viewing
On Line and on CD, a Loyola University Chicago Strith School of Medicine video series that includes the following titles (some of these are a review from 1st year):

<table>
<thead>
<tr>
<th>Heart</th>
<th>Musculoskeletal (LE &amp; UE)</th>
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<tbody>
<tr>
<td>Lungs</td>
<td>Head to Toe Physical Exam on Male (LE supine)</td>
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<tr>
<td>Thorax</td>
<td>Head to Toe Physical Exam on Female (LE sitting)</td>
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<tr>
<td>Abdomen</td>
<td>Knee Exam</td>
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<tr>
<td>HEENT</td>
<td>Breast Exam</td>
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<tr>
<td>Neurological Exam</td>
<td>Oral &amp; Presentation video</td>
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<tr>
<td>Gowning and Draping</td>
<td>PCM 2 Musculoskeletal Provocative Exam</td>
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Optional Text/Audio CD/Rom DVD Reading/Viewing/Listening (1)

| The Physiological Origins of Heart Sounds and Murmurs, Criley, MD (CD) | A Simplified Introduction to Heart and Lung Sounds, STETHOGRAPHICS (CD) |
| Bates’ Visual Guide to Physical Examination (Female Genitalia, Anus and Rectum) (DVD) | Bates’ Visual Guide to Physical Examination (Male Genitalia, Rectum and Hernias) (DVD) |
| Squire’s Fundamentals of Radiology |

Note: These older CDs may not be compatible with newer operating systems

Required Equipment

| Stethoscope | Blood pressure cuff |
| Pocket light | Pocket vision screener |
| Watch with second head sweep | Reflex hammer |
| Short white coat | Tuning fork - C128 |
| 6-inch ruler with centimeter markings | Ophthalmoscope/otoscope, regular (not pocket) size – either battery operated or rechargeable. Periodically charge so it is ready to use. |
| EKG Calipers | Headphones – To use on computer, for listening to heart murmurs, lung sounds, and Sem. 3 and 4 online exams |

(1) Please see Les Medley in Educational Affairs, Room 300, to check out these items.