Psychiatric Illnesses in Children and Adolescents

Theodote K. Pontikes, MD, MBA, FAPA

tpontikes@lumc.edu

Objectives:

1. Explain the role of a child/adolescent psychiatrist (CAP) and the importance of early identification of psychiatric illness and intervention in childhood/adolescence.

2. Explain key developmental considerations that influence diagnosis, behavioral manifestation, and treatment of psychiatric illness in childhood/adolescence.

3. Explain the role of healthcare providers as mandated reporters for suspicion of child neglect/abuse.

4. Summarize the key DSM-5 criteria for:
   (a) attention-deficit hyperactivity disorder (ADHD)
   (b) oppositional defiant disorder (ODD)
   (c) conduct disorder (CD)
   (d) disruptive mood dysregulation disorder (DMDD)
   (e) Tourette syndrome
   (f) separation anxiety disorder
   (g) autism spectrum disorder (ASD)
   (h) gender dysphoric disorder
   (i) eating disorders – anorexia nervosa, bulimia nervosa, binge-eating disorder

5. Explain basic treatment modalities for the above conditions.