MHD II 2018-19

Nutrition Modules

Fat Soluble Vitamins

The Fat Soluble Vitamin Nutrition Module is the first of three on-line interactive modules

OBJECTIVES

By completing Fat Soluble Vitamins module you will be able to do the following:

- Describe the function(s) & mechanism(s) of action for each vitamin: A, D, E & K
- List the primary sources of each vitamin
- Cite the most common reasons for both deficiency and excess of each vitamin
- Describe the clinical manifestations of deficiency for each vitamin
- Describe the clinical features of excessive intake for each vitamin

For questions regarding the content of the module, please contact Amy Luke, PhD.

There will be a total of six questions on the MHD II block 1 exam developed from the three Nutrition Modules.