Obesity II: Pathophysiology, Assessment and Management
Presenter: Aaron Michelfelder, MD


Objectives:

- Know the prevalence of overweight and obesity across the lifecycle
- Know the definitions of overweight and obesity utilizing the NHLBI guidelines for adults and the AAP Expert Panel for children
- Discuss the multifactorial etiology of obesity
- Understand the neurohormonal mechanisms that regulate body weight
- Apply the principles of evaluation of patients with obesity
- Describe the different medication and surgical options for obesity management