**Patient Centered Medicine 1**

Ms. Diane Stancik
PCM 1 Course Manager

Dr. James Winger, M.D.
PCM 1 Course Director

Jessica McIntyre, M.D.
PCM 1 Co-Course Director

**PCM-1 Curriculum and Assessment**

**Cognitive**
- lectures, small groups

**Psychomotor**
- small groups, exam skills, standardized patients, interview simulation, preceptorship

**Affective**
- longitudinal professionalism/personal development, reflection, mentorship

**Cognitive**
- Examinations

**Psychomotor**
- standardized patient encounters, objective standardized clinical encounter (OSCEs)

**Affective**
- professionalism, humanism

**PCM 1 Content Areas**

- Care of the Patient
  - Patient interview, physical examination, behavior change counseling, professionalism, critical reasoning
- Care of Self
  - Well being, advising, emotional intelligence, careers in medicine
- Care of Populations
  - Patient safety, diversity and bias, health care systems and laws
PCM 1 website and calendar
http://www.stritch.luc.edu/lumen/index.cfm
Then to Patient Centered Medicine 1

Textbooks
• Interview skills: Coulehan and Block
• Examination skills: Bates
• Narrative medicine: How Doctors Feel
• PCM-1 Homepage > Course Description > Textbooks (This will take you to the Library Link and Required Reading Lists.)

Attendance Policy
• Attendance is required at all PCM-1 events
• If any absence is anticipated, contact student affairs (Viviana Martinez vimartinez@luc.edu) 30 days prior to the event.
• For unanticipated absences, contact Diane Stancik (dstanci@luc.edu), Jim Winger (jwinger@lumc.edu), Jessica McIntyre (jemcintyre@lumc.edu) and Viviana Martinez ASAP
• Non-adherence to the attendance policy may result in ‘concerns’ noted or ‘does not meet expectations’ to one’s professionalism competency assessment
Academic Integrity

Be Honest. Don’t Cheat.

Grading and Evaluation

• Each student must pass the following:
  1. multiple choice question exams – 2 (average >70%)
  2. final OSCE (>95%)
  3. final Standardized Patient Encounter (facilitator evaluation)
  4. small group Facilitator evaluation

Grading and Evaluation

• All students are evaluated according to competencies defined by the Stritch School of Medicine:
  1. Medical Knowledge
  2. Patient Care
  3. Interpersonal and Communication Skills
  4. Practice Based Learning and Improvement
  5. Professionalism
  6. Personal and Professional Development

• Students will score: Meets (pass), Meets with Concerns (pass/ARIC), Does Not Meet (failure)
Remediation

- Remediation will be handled based on the individual competency that was failed

PCM-1 Faculty

- Volunteer
- Serve also as advisors
  - see: Dr Camilla Larsen, director of SSOM advising program
- Readily available
- Flexible
- Multi-specialty; not meant to be specialty specific advising (these do exist)

PCM-1 Small Groups

- Found @ schedules/assignments on PCM-1 website
- Meet most weeks
- Usually review lectures or topics introduced that week or the week before
- Useful practice sites for skill development
- Groups require preparation
Medical Interview Teaching

- lectures, small groups
- peer role-play
- standardized patients in small groups
- clinical skills center standardized patient (SP) interviews
- clinical interviews with physician preceptors and M3 mentors

Physical Exam Teaching

- Starts November
- Pre-learning/Flipped classroom model
- groups of 4-5, lead by FACULTY
- With male and female SPs
- deliberate practice
  - repetitive performance
  - skills assessment
  - immediate feedback

Clinical Skills Preceptor Program

- Observe physician in practice setting
- Clinical reinforcement of concepts learned in courses
- Practice new skills learned in PCM-1
- NOT: specialty selection (look to interest groups)
M3 Student Mentor

- Your M3 will send introductory email
- SMART Goal setting during first meeting (9/10)
- **One experience during first semester, two in second semester**
- Goal/progress evaluation at end of semesters 1 and 2

Mentor/Preceptor Timeline

- M1-M3 Student Mentor meeting is September 10th
  - Meet your M3 mentor
  - Enjoy food
  - Review mentorship agreement and smart goals
- Physician Preceptor Assignments to follow in October

Mentor/Preceptor Ground Rules

- Fall: 1 student, 1 physician; Spring: 2 student, 2 physician
- Contact your mentor and preceptor early and often via email or page
- Log completed visits at student portal (mylumen/mylog)
- You can do more than the required number of visits
- Contact us early (October) with any concerns
- **Incomplete mentor visits will prevent you from passing PCM-1**
Service-Learning Project

• A structured learning experience that combines service in the community with preparation and reflection

• How is community service different now that you are a medical student?

Service-Learning Project Timeline

• August - October
  – Identify population or health need you would like to serve
  – Identify the community agency that you will work with or develop a unique project
  – Decide on a community-identified concern

• October - March
  – Provide the service (“Experiential” or Activity Phase)

• April – May
  – Reflection
  – Written project and presentation
  » Total 4-6 pages
  » Presentations during last small group of the year

Service-Learning Project Resources

• The Center for Community and Global Health and University Ministry
• Student Organizations
• The Neiswanger Institute for Bioethics and Department of Public Health Sciences
• Local, regional and national community service agencies through which you already have experience or would like to establish a relationship
• Instructions
Reflection Paper

- End-of-year reflection paper due the week of your final PCM-1 small group
- Instructions here

EPIC (Electronic Medical Record Access)

- Please complete Healthstream modules (26) by August 10th
  - You received an individual email from Amy Hoyt with your log on information
  - Access should be granted by 8/18 by the EPIC security team
  - Between 8/18 and 8/28 every student should ensure access and remote access from a laptop, iPad etc. More info to come!

Diagnostic Equipment

- Diagnostic Equipment
  - Otoscope/Ophthalmoscope
  - Stethoscope
  - Blood Pressure Cuffs
  - Tuning Fork, Reflex Hammer, Pocket Vision Chart, EKG Calipers
  - $705.50/Student
Diagnostic Equipment

• Log into MyLumen and Make Choices by 12:00 p.m., Thursday August 8th.
  – If No Selection Made – We Will Go With Defaults
  – Will Be Delivered Early September
  – Representatives Will Hopefully be Here at the End of the Day to Answer Questions and Demonstrate Equipment

Opt-Outs

• Opting Out is Acceptable if you have Reasonable Diagnostic Equipment Already (Littman cardiology 3 or 4 or Welch-Allyn Harvey)
  – Must Be Approved by Course Directors
  – To Opt Out – Bring Your Equipment to Room 305 – WED August 7th at 12:30 pm

Luminous beings are we, not this crude matter.
Luminous beings are we, not this crude matter.

Slowly, very slowly, he sat up, and as he did so he felt more alive, and more aware of his own living body than ever before. Why had he never appreciated what a miracle he was, brain and nerve and bounding heart?

- JK Rowling

Questions About PCM-1?

- Talk to us after class, email us
  jwang@lumc.edu
  jmcintyre@lumc.edu
  dstanci@luc.edu