Clinical Skills Preceptor Program (C-SkiP Program)

General Description

You will be paired with a practicing physician, who will serve as a Preceptor to you throughout your first year of medical school. The goals are very specific, and your PCM 1 Clinical Skills *Preceptor* (CSkiP) will serve a different role than your *Facilitator*.

You will meet with your CSkiP one time in semester one and two times in semester two and share in her/his experience of practicing medicine. It does not matter what specialty you are paired with as long the preceptor has a clinical practice and can serve the goals of the program listed below:

Required Activities
1) See patients in the office or hospital rounds with the Clinical Skills Preceptor.
2) Begin interviewing patient independently in semester two
3) TWO mandatory patient interviews to be completed in semester 2, with one of these being presented within your small group setting.

Other Optional Activities
1) Attend departmental meetings.
2) Attend professional association events with the preceptor.
3) Observe administrative activities and aspects of office practice.
4) Observe office/hospital procedures.
5) Observe community involvement of physicians.
6) Spend time with physician's family.
7) Coffee/lunch- discussion time with physician.

Above all, this is your place to practice the skills you are learning in PCM 1. As you learn medical interviewing and history taking, you should be practicing with your CSKiP on real patients. As you learn the physical exam, you should be practicing with your CSKiP. In the second semester, you will do two graded medical interviews on your CSKiP's patients.

Objectives and Outcomes

1. To practice the patient centered care skills learned in PCM 1 such as the medical interview and physical exam
2. To provide clinical reinforcement to the pre-clinical curriculum.
3. To improve observation skills; the ability to assess the environment, select critical cues, attend to what is seen and transfer to subsequent interactions

4. To observe the decision-making process in clinical medicine
5. To begin to understand the complexities of the medical profession.
6. To foster a personal relationship between a medical student and a physician.
7. To provide students an opportunity to interact with their future colleagues on a professional and social basis.
8. To nurture inspiration, motivation and enthusiasm for a career in medicine.
9. To observe how career choices have affected the physician's lifestyle.
10. To begin to foster the development of time management skills to balance the profession of medicine with one's personal life.

Recommendations

- Student and Preceptors should determine the appropriate length of time each session last. We propose a suggested amount of time <u>no shorter than one hour and no longer than three hours</u> (range 1-3 hours)
- A recommended timeline for completion of visits can be summarized as:

    - Complete 1 Physician Preceptor visit by the <u>Thanksgiving</u> holiday
    - Complete 1 Physician Preceptor visit by <u>Spring Break</u>, early March
    - Complete the final Physician visit by <u>mid - April</u>

Student Requirements

- You are required to meet with *the Clinical Skills Preceptor assigned to you* once in semester one and twice in semester two.
- You are responsible for initiating contact with your assigned preceptor. The participating physicians will be notified in advance of their assigned medical student and will be expecting your call/page/e-mail, etc.
- You are responsible for notifying the PCM-1 Course Directors if you are having trouble contacting your preceptor or meeting your requirements *at least four weeks before the requirements are due.*
- All visits need to be logged on the <u>student portal</u> in order to be counted.

A "reflection" on this experience is required as part of the "PCM-1 Final Reflection Paper". Instructions are on the PCM-1 webpage.

<u>Failure to complete these requirements for the Clinical Skills Preceptor Program will result in a Failure of the course.</u>