

HISTORY DATA BASE OUTLINE: Key Content Areas – check if discussed

A. Chief Complaint _____

B. History of the Present Illness

1. Characteristics of Symptoms
 - a. Location
 - b. Radiation
 - c. Quality
 - d. Severity/Intensity
 - e. Timing (onset, duration)
 - i. Sudden, gradual
 - ii. Acute, chronic
 - f. Frequency/Pattern (intermittent, continuous, progressive)
 - g. Setting
 - h. Aggravating/Exacerbating factors
 - i. Alleviating factors
 - j. Associated manifestations
2. Associated **active medical, surgical or psychiatric problems** which may impact the Chief Complaint
3. **Past experience** with symptom(s)
 - a. Prior Treatment? Response? Data from past charts?
 - b. What has patient done about the symptom(s)
4. Significant positives and negatives
5. What was the psychosocial **context** of the onset of the symptoms?
6. Patient's Perspective of the Illness
 - a. Patient's **understanding** of the disease? Especially causes/implications/fears
 - b. **Impact** of the disease and/or its treatment on the patient's life, work, relationships
 - c. Patient **expectations**
 - d. Patient's **reason** for visit

C. Past Medical History

1. Childhood illnesses
2. Immunizations
3. Adult illnesses/hospitalizations (including psychiatric)
4. Operations
5. Injuries/Accidents
6. Obstetric History
7. Transfusions

D. Current Health Status

1. Medications
2. Allergies and Drug Reactions
3. Health Screening (prior exams, cholesterol, etc.)
4. Diet, Sleep, Exercise
5. Tobacco, Alcohol, Drugs
6. Complimentary/Alternative Medicine
7. Preferences for End of Life Care (if appropriate)

E. Psychosocial History

1. Marital status
2. Living arrangements/Family structure
 How are things at home?
3. Support/Secondary Gains: are there people you can rely on for help? How have family or friends responded to the illness?
4. Employment history/job satisfaction
5. Sexual history/function
6. Significant life events: deaths, divorce, financial hardships
7. Anxiety?/Stress?

F. Family History

1. Current health of parents, siblings, children
2. History of significant illnesses (branching diagram if appropriate)
3. Deaths: dates and ages at death

G. Review of Systems