

INTERVIEWING SKILLS WORKSHEET

Be able to demonstrate the following interviewing skills:

- Establishing rapport
- Appropriate use of open ended and close-ended questions
- Techniques for asking "difficult" questions
- Appropriate use of facilitation, empathy, clarification, confrontation, reassurance, silence and summary statements
- Asking about the patient's ideas, concerns, questions, and feelings about the illness and treatment
- Communicating information to patients in a clear fashion
- Demonstrate respect, empathy, responsiveness, and concern regardless of the patient's problems or personal characteristics?
- Demonstrate basic strategies for interviewing disorganized, cognitively impaired, hostile/resistant, mistrustful, circumstantial/hyper verbal, unspontaneous/hypoverbal, and potentially assaultive patients?
- Appropriate closure of the interview

Be able to avoid the following common interview mistakes:

- Interrupting the patient unnecessarily
- Asking long, complex, questions
- Asking questions in an interrogatory manner
- Ignoring patient's verbal or non-verbal cues
- Making sudden inappropriate changes in topic
- Indicating a patronizing or judgmental attitude by verbal or non-verbal cues
- Incomplete questioning about important topics
- Asking too many closed ended questions
- Asking leading questions
- Asking 2 questions at once

After the Interview

Are you able to

- Identify your emotional responses to patients?
- Identify strengths and weaknesses in your interviewing skills?
- Identify verbal and nonverbal expressions of affect in a patient's responses, and apply this information in assessing and treating patients?
- Demonstrate sensitivity to student-patient similarities and differences in gender, ethnic background, sexual orientation, socioeconomic status, educational level, political view, and personality traits

Psychiatric History

Be able to elicit and adequately record a complete psychiatric history

- | | | | |
|--|--------------------------------------|---|--|
| <input type="checkbox"/> chief complaint | <input type="checkbox"/> HPI | <input type="checkbox"/> past psych history | <input type="checkbox"/> substance history |
| <input type="checkbox"/> medical history | <input type="checkbox"/> medications | <input type="checkbox"/> family history | <input type="checkbox"/> social history |

Mental Status Exam

- Be able to elicit appropriate information directly or indirectly from the interview

Physical/Neurological Exam

- Do a focused exam pertinent to situation
- Assess for the presence of a general medical illness in your patient
- Identify psych meds side effects

ORAL PRESENTATION: ORGANIZATION/CONTENT WORKSHEET

Chief Complaint

- Reason patient seen

History of Present Illness

- Introduction: brief description of patient, chief complaint stated
 Adequate description of signs and symptoms: later used in differential diagnosis
 Risk assessment for dangerousness, pertinent past dangerousness
 Pertinent negatives given; can later rule out other diagnosis

Organization of HPI

- Follows time course Time course unclear
 Easy to follow Hard to follow

Other History Areas

- Past Psych history:
 In-pt hospitalization? Suicide attempts?
 Out-pt treatment? Past medication trials? Compliance?

Substance history:

- Cocaine Heroin MJ LSD PCP
EtOH Other IV drug use
 Withdrawal risk Last use? Binges? Consistent use? Time period?
 Blackouts Seizures Shakes DT's
 Drug treatment history

Medical history

- Current medical illnesses How psych illness affects med ill management

Medications/ Allergies

- Medications Doses Time length Side effect problems
 Treatment effectiveness

Social history

- Living situation Support systems Work

Family history

- Relatives with psychiatric disorders Relative's treatments

Pertinent labs

Physical exam/Neuro exam

Mental Status Exam

- Appearance and Behavior Mood and Affect Speech
 Thought Process Thought Content Cognition; MMSE
 Judgement and Insight
 Use of descriptive terms? Overuse of non-descriptive terms "good", "normal"?

Assessment

- 5 Axis given? Good differential diagnosis?

Plan

- Adequately addresses situation (problem list)