

Event	Preconception Visit	Visit 1** 6–8 weeks	Visit 2 10–12 weeks	Visit 3 16–18 weeks	Visit 4 22 weeks
Screening Maneuvers	Risk profiles Height and weight/BMI Blood pressure History and physical Cholesterol and HDL Cervical cancer screening Rubella/rubeola Varicella Domestic abuse	H&P* Height and weight/BMI Blood pressure Labs Hgb/Hct ABO/Rh/Ab U/A(glucose, proteins, ketones) Infection Screen: GC/Chlamydia Rubella Varicella HIV Syphilis Hepatitis B surface Ag Urine culture* At Risk Screening Domestic abuse [Blood lead screening] [VBAC]	H&P* Height and weight Blood pressure Fetal Exam: Fetal heart tones Fetal aneuploidy screening U/A and Culture	H&P* Height and weight Blood pressure Fetal Exam: Fetal heart tones Fundal height Genetic Screening Amniocentesis (if indicated) Fetal aneuploidy screening (triple screen: msAFP, estriol, beta hCG) OB ultrasound (optional) [Cervical assessment] U/A and Culture	H&P* Height and weight Blood pressure Fetal Exam: Fetal heart tones Fundal height [Cervical assessment] U/A and Culture
Counseling Education Intervention	PTL education and prevention Substance use Nutrition and weight Domestic abuse List of medications, herbal supplements, and vitamins Accurate recording of menstrual dates	PTL education and prevention Prenatal and lifestyle education <ul style="list-style-type: none"> Physical activity Nutrition Follow-up of modifiable risk factors Warning signs Course of care Physiology of pregnancy Discuss fetal aneuploidy screening	PTL education and prevention Prenatal and lifestyle education <ul style="list-style-type: none"> Fetal growth Review lab results from visit 1 Breast-feeding Physiology of pregnancy Follow-up of modifiable risk factors 	PTL education and prevention Prenatal and lifestyle education <ul style="list-style-type: none"> Follow-up of modifiable risk factors Physiology of pregnancy Second trimester growth Quickening 	PTL education and prevention Prenatal and lifestyle education <ul style="list-style-type: none"> Follow-up of modifiable risk factors Classes Family issues Length of stay GDM [RhoGAM]
Immunization and Chemoprophylaxis	Tetanus booster Rubella/MMR [Varicella/VZIG] Hepatitis B vaccine Folic acid supplement	Tetanus booster Nutritional supplements Influenza		[Progesterone]	

Event	Visit 5 28 weeks	Visit 6 32 weeks	Visit 7 36 weeks	Visit 8-11 38-41 weeks
Screening Maneuvers	H&P Weight Blood pressure PTL risk Fetal Exam: Fetal heart tones Fundal height Fetal position Screening: PTL risk [Cervical assessment] GDM Domestic abuse [Rh antibody status] Hepatitis B surface Ag [GC/Chlamydia] U/A and culture	H&P Weight Blood pressure Fetal Exam: Fetal heart tones Fundal height Fetal position U/A and culture	H&P Weight Blood pressure Fetal Exam: Fetal heart tones Fundal height Fetal position Cervix exam Labs Culture for group B streptococcus U/A and culture	H&P Weight Blood pressure Fetal Exam: Fetal heart tones Fundal height Fetal position U/A and culture Fetoplacental function tests if indicated
Counseling Education Intervention	PTL education and prevention Prenatal and lifestyle education <ul style="list-style-type: none"> Follow-up of modifiable risk factors Work Physiology of pregnancy Preregistration Fetal growth Awareness of fetal movement	PTL education and prevention Prenatal and lifestyle education <ul style="list-style-type: none"> Follow-up of modifiable risk factors Travel Sexuality Pediatric care Episiotomy Labor and delivery issues Warning signs/ pregnancy-induced hypertension [VBAC]	Prenatal and lifestyle education <ul style="list-style-type: none"> Follow-up of modifiable risk factors Postpartum care Management of late pregnancy symptoms Contraception When to call provider Discussion of postpartum depression 	Prenatal and lifestyle education <ul style="list-style-type: none"> Follow-up of modifiable risk factors Postpartum vaccinations Infant CPR Post-term management Labor and delivery update
Immunization and Chemoprophylaxis	[ABO/Rh/Ab (RhoGAM)] give Rhogam if nonsensitized Rh -			

[Bracketed] items refer to high risk groups only. *It is acceptable for the history and physical and laboratory tests listed under Visit 1 to be deferred to Visit 2 with the agreement of both the patient and the provider.

** Should also include all subjects listed for the preconception visit if none occurred.

Abbreviations: ABO, BMI, body mass index; CPR, cardiopulmonary resuscitation; GC, gonococci; GDM, gestational diabetes mellitus; HDL, high density lipoprotein; HIV, human immunodeficiency virus; MMR, measles/mumps/rubella; OB, obstetrics; PTL, preterm labor; RhoGAM, Rho(D) immune globulin; VBAC, vaginal birth after Cesarean; VZIG, varicella zoster immune globulin

Modified slightly from National Guideline Clearinghouse. Department of Health and Human Services. Last Updated 2007.
http://www.guidelines.gov/summary/summary.aspx?doc_id=11532&nbr=005973&string=prenatal