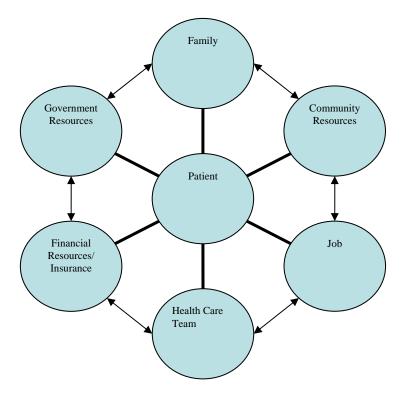
## **INTRODUCTION**

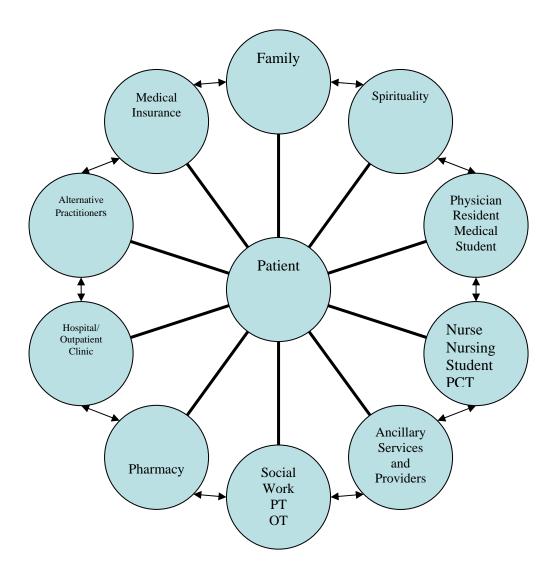
PCM is a 3 year course designed for Loyola medical students to develop the skills needed to become balanced, competent, patient-centered physicians with life-long career satisfaction.

Patient Centered Medicine is based on the idea that the patient is at the center of the health care team, and each member of the team has an important role to play in promoting the patient's health and happiness.

The health care team is only a small part of the patient's life.



Physicians are one part of a large network of providers for each patient.



Each member of the health care team must partner with all of the other members of the team as well as the patient for the desired outcome of health and happiness.

From the very first day of medical school, medical students are an important part of that health care team. PCM will help students define their own roles as learners and providers on this team. Therefore, this course has the expectation that each student will work to his or her capacity at all times.

PCM requires the integration and synthesis of work learned in this and other courses as well as experiences outside of the classroom. The expectation is that every student has the goal of becoming the best physician (s)he can become, and will actively work toward that goal in all PCM and SSOM activities. Students are not passive learners in PCM and are expected to take responsibility for their own education within the framework presented. This model is very different than the undergraduate model of didactic lecture and student regurgitation of knowledge.

Learning in PCM is based on lectures, panel discussions and significant hands-on small group and experiential activities. These activities may include mentor programs, shadowing programs, simulated patients- both virtual and actors, real patient encounters, reflection papers and discussions, reading books and journal articles, small group discussions and practice of skills learned, working with ancillary health providers, and many skills workshops.

Topics will range from taking a basic medical history, and performing a physical exam to understanding medical errors, patient safety issues, reading EKG's and X-rays, understanding medical ethics and many more.

## Overall, By the END of PCM 1, students are expected to:

- 1. Demonstrate proficiency in taking a complete medical history, and performing a basic screening physical examination
- 2. Demonstrate proficiency in documenting the elements of patient care.
- 3. Demonstrate an understanding of medical ethics and how to approach ethical issues with patients, families and the health care team
- 4. Demonstrate effective interpersonal and communication skills in complex interactions with patients and colleagues
- 5. Form a respectful working alliance with a small group of peers and faculty as a basis for future professional relationships
- 6. Demonstrate a capacity for self-audit, reflection, and effective participation in peer review
- 7. Demonstrate an understanding of and use evidence-based medicine to care for patients
- 8. Demonstrate an understanding of health promotion and disease prevention principles
- 9. Demonstrate collaboration at all levels and recognize that collaboration is the key to effective patient centered care.
- 10. Demonstrate understanding of what constitutes professional behavior and demonstrate professional behavior in all PCM activities.
- 11. Demonstrate integration of all coursework and experiences to effectively care for patients
- 12. Demonstrate understanding of some skills necessary to support life-long career satisfaction