HISTORY DATA BASE OUTLINE: Key Content Areas – check if discussed

A. Chief Complaint ________________________________

B. History of the Present Illness
   1. Characteristics of Symptoms
      a. Location
      b. Radiation
      c. Quality
      d. Severity/Intensity
      e. Timing (onset, duration)
         i. Sudden, gradual
         ii. Acute, chronic
      f. Frequency/Pattern (intermittent, continuous, progressive)
   g. Setting
   h. Aggravating/Exacerbating factors
   i. Alleviating factors
   j. Associated manifestations
2. Associated active medical, surgical or psychiatric problems which may impact the Chief Complaint
3. Past experience with symptom(s)
   a. Prior Treatment? Response? Data from past charts?
   b. What has patient done about the symptom(s)
4. Significant positives and negatives
5. What was the psychosocial context of the onset of the symptoms?
6. Patient’s Perspective of the Illness
   a. Patient’s understanding of the disease? Especially causes/implications/fears
   b. Impact of the disease and/or its treatment on the patient’s life, work, relationships
   c. Patient expectations
   d. Patient’s reason for visit

C. Medical History
   1. Childhood illnesses
   2. Health Screening (prior exams, cholesterol, etc.)
   3. Immunizations
   4. Adult illnesses/hospitalizations (including psychiatric)
   5. Injuries/Accidents
   6. Obstetric/Gynecological History

D. Surgical History
   1. Operations
   2. Surgical Procedures

E. Therapies
   1. Medications
   2. Complimentary/Alternative Medicine

F. Allergies
   1. Allergies and Drug Reactions

G. Psychosocial History
   1. Marital status and relationship satisfaction
   2. Living arrangements/Family structure
   3. Personal safety at home
   4. Tobacco, Alcohol, Drugs
   5. Support/Secondary Gains
   6. Employment history/job satisfaction
   7. Sexual history/function
   8. Significant life events and stressors: deaths, divorce, finances
   9. Diet, Sleep, Exercise

H. Family History
   1. Current health of parents, siblings, children
   2. History of significant illnesses (branching diagram if appropriate)
   3. Deaths: dates and ages at death

I. Review of Systems