

PATIENT CENTERED MEDICINE - 1

Clinical Skills Preceptor Program (C-SkiP Program)

General Description

You will be paired with a practicing physician, who will serve as a Preceptor to you throughout your first year of medical school. The goals are very specific, and your PCM 1 Clinical Skills *Preceptor* (CSkiP) will serve a <u>different</u> role than your *Facilitator*.

You will meet with your CSkiP two times per semester and share in her/his experience of practicing medicine. It does not matter what specialty you are paired with as long the mentor has a clinical practice and can serve the goals of the program listed below:

Required Activities

- 1) See patients in the office or hospital rounds with the Clinical Skills Preceptor.
- 2) Begin interviewing patient independently in semester two
- 3) TWO mandatory patient interviews to be presented at an assigned small group session in semester two (February & March 2011).

Other Optional Activities

- 1) Attend departmental meetings.
- 2) Attend professional association events with the mentor.
- 3) Observe administrative activities and aspects of office practice.
- 4) Observe office/hospital procedures.
- 5) Observe community involvement of physicians.
- 6) Spend time with physician's family.
- 7) Coffee/lunch- discussion time with physician.

Above all, this is your place to practice the skills you are learning in PCM 1. As you learn medical interviewing and history taking, you should be practicing with your CSKiP on real patients. As you learn the physical exam, you should be practicing with your CSKiP. In the second semester, you will do two graded medical interviews on your CSKiP's patients.

Objectives and Outcomes

- 1. To practice the patient centered care skills learned in PCM 1 such as the medical interview and physical exam
- 2. To provide clinical reinforcement to the pre-clinical curriculum.
- 3. To improve observation skills; the ability to assess the environment, select critical cues, attend to what is seen and transfer to subsequent interactions
- 4. To observe the decision-making process in clinical medicine

- 5. To begin to understand the complexities of the medical profession.
- 6. To foster a personal relationship between a medical student and a physician.
- 7. To provide students an opportunity to interact with their future colleagues on a professional and social basis.
- 8. To nurture inspiration, motivation and enthusiasm for a career in medicine.
- 9. To observe how career choices have affected the physician's lifestyle.
- 10. To begin to foster the development of time management skills to balance the profession of medicine with one's personal life.

Recommendations

- Student and Preceptors should determine the appropriate length of time each session last. We propose a suggested amount of time no shorter than one hour and no longer than three hours (range 1-3 hours)
- A recommended timeline for completion of visits is attached, and can be summarized as
 - Complete 1 Student Mentor and 1 Physician Preceptor visit by October 3, 2011 (Fall Break)
 - Complete the second visits with Student and Physician by the first semester deadline of December 30, 2011
 - Complete 1 Student Mentor and 1 Physician Preceptor visit by the week of February 27, 2012 (Spring Break)
 - Complete the final Student and Physician visits by the semester 2 deadline of April 30, 2012

Requirements

- You are required to meet with *the Clinical Skills Preceptor assigned to you* twice in semester one and twice in semester two.
- You are responsible for initiating contact with your assigned mentor. The participating physicians will be notified in advance of their assigned medical student and will be expecting your call/page/e-mail, etc.
- You are responsible for notifying the PCM-1 Course Directors if you are having trouble contacting your CSKiP or meeting your requirements at least four weeks before the requirements are due.

<u>Failure to complete these requirements for the Clinical Skills Preceptor Program will result in a Failure of the course.</u>