



# Instructions for Parents For Care Following **Pyeloplasty**

## ACTIVITY

Your child should gradually increase his/her activity over the next 1-2 weeks. Your child should not participate in organized sports or gym class for 3 weeks.

## DIET

You may feed your child whatever he/she wants to eat.

## DRESSINGS

The incision is closed with dissolving stitches. Small strips of tape called SteriStrips cover the incision line. These tapes will fall off within 2 weeks after the surgery. Sometimes a stent (small catheter) or a Penrose drain is left in place coming out of the skin of the flank. If a stent or drain was left, clean around the point where the tube comes through the skin twice daily with hydrogen peroxide. You may use a swab for this. Change the gauze over the incision twice daily.

## MEDICATION

Your child will need pain medication following the surgery. Unless you were instructed otherwise, you can use ibuprofen (Motrin for children, Advil for children, or a generic form). You can give your child \_\_\_\_\_ mg. Ibuprofen every 6 hours. If ibuprofen does not relieve the pain well enough, use the Tylenol with codeine according to the directions on the bottle. Use either ibuprofen or Tylenol with codeine, not both. You may have been given a prescription for antibiotics. Follow the directions on the bottle of antibiotics.

## BATHING

If no stent or drain was left following the surgery, your child may bathe or shower 48 hours following the surgery. For the first 7 days following the surgery limit the time in the tub or shower to 5 – 10 minutes. You may let the water run over the incision. If a stent or drain was left at surgery, your child should have a sponge bath until the stent/drain is removed.

## ADDITIONAL INSTRUCTIONS

If the incision becomes red, swollen or hot, or if blood, clear or creamy fluid comes out of the incision or through the point where the stent or drain comes through the skin, please call our office at the number below. Your child may have a low-grade fever the night of surgery. Call your doctor if the fever continues or if it is higher than 102 degrees Fahrenheit. If your child develops nausea or is unable to eat, please call our office.

If your child should have difficulty with breathing, bleeding that you feel is excessive, persistent nausea or vomiting, pain that is unusual, swelling, or fever, please call your surgeon at 708/216-6266 (Monday-Friday 8:30 a.m. to 5:00 PM) or 708/216-8000 (evenings, nights or weekends). **In the event of an urgent emergency, you may take your child to the Loyola University Medical Center Emergency Department (708/216-3882) or to an emergency room near to you.**

Patient/Parent/Guardian	Nurse/Physician	Date
<b>David A. Hatch, M.D., F.A.C.S., F.A.A.P.</b> <b>Derek Matoka, M.D.</b> Section of Pediatric Urology Loyola University Medical Center 2160 S. First Avenue Maywood, IL 60153	<b>Office:</b> <b>Appointments:</b> <b>Central Scheduling (all clinics)</b> Darien Elmhurst Hickory Hills Homer Glen Oakbrook Terrace Wheaton	708/216-6266  <b>708/216-8563</b> 630/985-4989 708/327-7030 708/233-5333 708.645.3400 630/953-6600 603.665.5995
<b>Anne Casaccio, RN</b> <b>Linda Bauman, Secretary</b> lbauman@luhs.org	708/216-5111 708/216-6266	
Directions and maps available at <a href="http://www.luhs.org">www.luhs.org</a>		7/28/2010



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