



Instructions for Parents For Care Following **ORCHIOPEXY**

ACTIVITY

Your son should not ride a tricycle, bicycle or play on any toys that he would straddle for three weeks following his surgery. He should not participate in any organized sports or gym class at school for three weeks. Otherwise, he can do what he wants to do. You do not need to keep him still. As he feels better, he will want to walk, run and play. That is fine so long as he stays off a bicycle or straddle toy.

DIET

You may feed your child whatever he wants to eat. Sometimes children who have had general anesthesia will vomit within the first 6 hours after surgery. This is common and you should not be alarmed. Some children are very thirsty or hungry after surgery. It is best to start slowly. Try sips of water or juice at first. After your child tolerates liquids, you may start solid food.

DRESSINGS

There are usually no dressings placed after an orchiopexy. The tapes over the skin incision on the abdomen will start to peel off 10 – 14 days following the surgery. When they are part-way off, you may pull them completely off. Apply antibiotic ointment (bacitracin, Neosporin, Polysporin, etc.) over the stitches on the scrotum 4 times per day (or with every diaper change) for 1 week. If your son wears regular underwear you may want to put a small patch of Telfa (available at a pharmacy) over the ointment to keep the stitches from sticking to his undershorts.

MEDICATION

Your child will need pain medication following the surgery. Unless you were instructed otherwise, you can use ibuprofen (Motrin for children, Advil for children, or a generic form). You can give your child _____ mg. Ibuprofen every 6 hours. If ibuprofen does not relieve the pain well enough, use the Tylenol with codeine according to the directions on the bottle. Use either ibuprofen or Tylenol with codeine, not both.

BATHING

Your son may bathe or shower 48 hours following the surgery. For the first 7 days, limit the bath or shower to 5 – 10 minutes. After the first week, he may bathe or shower as long as he likes. At that time he may also swim.

ADDITIONAL INSTRUCTIONS

You will notice swelling and bruising on the scrotum and around the abdominal incision. You may also see some blood spotting. This is normal. If you see a persistent ooze or dripping of blood, call your surgeon.

Your child may have a low-grade fever the night of surgery. Call your doctor if the fever continues or if it is higher than 102 degrees Fahrenheit.

If your child should have difficulty with breathing, bleeding that you feel is excessive, persistent nausea or vomiting, pain that is unusual, swelling, or fever, please call your surgeon at 708/216-6266 (Monday-Friday 8:30 a.m. to 5:00 PM) or 708/216-8000 (evenings, nights or weekends). **In the event of an urgent emergency, you may take your child to the Loyola University Medical Center Emergency Department (708/216-3882) or to an emergency room near to you.**

Patient/Parent/Guardian	Nurse/Physician	Date
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	Directions and maps available at www.luhs.org	7/28/2010



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