



Instructions for Parents For Care Following **MEATOTOMY**

ACTIVITY

Unless instructed differently by your physician, your child may do whatever he wants to do.

DIET

You may feed your child whatever he wants to eat. Sometimes children who have had general anesthesia will vomit within the first 6 hours after surgery. This is common and you should not be alarmed. Some children are very thirsty or hungry after surgery. It is best to start slowly. Try sips of water or juice at first. After your child tolerates liquids, you may start solid food. Once he is taking food well, encourage him to drink extra fluids for the first 5-7 days following the surgery.

DRESSINGS

Generally, no dressing is applied after a meatotomy. Using your fingers, separate the edges of the meatus (the opening in the urine channel) 4 times a day for the first week and apply a small amount of antibiotic ointment (Bacitracin, Polysporin or Neosporin).

MEDICATION

Your child will need pain medication following the surgery. Unless you were instructed otherwise, you can use ibuprofen (Motrin for children, Advil for children, or a generic form). You should give your child _____ mg. Ibuprofen every 6 hours. If ibuprofen does not relieve the pain well enough, use the Tylenol with codeine according to the directions on the bottle. Use either ibuprofen or Tylenol with codeine, not both.

BATHING

Your child may shower or bathe in a tub starting the day after surgery. **DO NOT** scrub the surgical area. Simply allow water to run over the site.

ADDITIONAL INSTRUCTIONS

You may notice a small amount of bleeding at the tip of the penis for 2-3 days following the surgery. This is normal. If you see persistent dripping of blood from the urine channel, call your surgeon.

Your child may have a low-grade fever the night of surgery. Call your doctor if the fever continues or if it is higher than 102 degrees Fahrenheit.

If your child should have difficulty with breathing, bleeding that you feel is excessive, persistent nausea or vomiting, pain that is unusual, swelling, or fever, please call your surgeon at 708/216-6266 (Monday-Friday 8:30 a.m. to 5:00 PM) or 708/216-8000 (evenings, nights or weekends). **In the event of an urgent emergency, you may take your child to the Loyola University Medical Center Emergency Department (708/216-3882) or to an emergency room near to you.**

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