

Instructions for Parents For Care Following **MEATOTOMY**

ACTIVITY

Unless instructed differently by your physician, your child may do whatever he wants to do.

DIET

You may feed your child whatever he wants to eat. Sometimes children who have had general anesthesia will vomit within the first 6 hours after surgery. This is common and you should not be alarmed. Some children are very thirsty or hungry after surgery. It is best to start slowly. Try sips of water or juice at first. After your child tolerates liquids, you may start solid food. Once he is taking food well, encourage him to drink extra fluids for the first 5-7 days following the surgery.

DRESSINGS

Generally, no dressing is applied after a meatotomy. Twice a day for the first 2 weeks, apply a small amount of antibiotic ointment (the tube you were given in the clinic or the surgery center) by gently inserting the tip of the tube into the meatus (opening at the tip of the urine channel). **You should insert the tip of the antibiotic tube all the way into the urine channel up to the threads on the tube to make sure the edges of the skin are completely separated.** If you don't insert the tube tip far enough the narrowing may come back.

MEDICATION

Your child will need pain medication following the surgery. Unless you were instructed otherwise, you can use ibuprofen (Motrin for children, Advil for children, or a generic form). You can give your child _____ mg. Ibuprofen every 6 hours. If ibuprofen does not relieve the pain well enough, use the Tylenol with codeine according to the directions on the bottle. Use either ibuprofen or Tylenol with codeine, not both.

BATHING

Your child may shower or bathe in a tub starting the day after surgery. **DO NOT** scrub the surgical area. Simply allow water to run over the site.

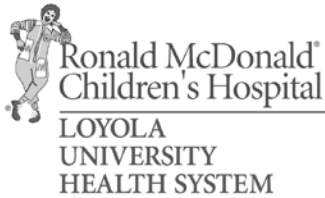
ADDITIONAL INSTRUCTIONS

You may notice a small amount of bleeding at the tip of the penis for 2-3 days following the surgery. This is normal. If you see persistent dripping of blood from the urine channel, call your surgeon.

Your child may have a low-grade fever the night of surgery. Call your doctor if the fever continues or if it is higher than 102 degrees Fahrenheit.

If your child should have difficulty with breathing, bleeding that you feel is excessive, persistent nausea or vomiting, pain that is unusual, swelling, or fever, please call your surgeon at 708/216-6266 (Monday-Friday 8:30 a.m. to 5:00 PM) or 708/216-8000 (evenings, nights or weekends). **In the event of an urgent emergency, you may take your child to the Loyola University Medical Center Emergency Department (708/216-3882) or to an emergency room near to you.**

Patient/Parent/Guardian	Nurse/Physician	Date
David A. Hatch, M.D., F.A.C.S., F.A.A.P.	Office:	708/216-6266
Derek Matoka, M.D.	Appointments:	
Section of Pediatric Urology	Central Scheduling (all clinics)	708/216-8563
Loyola University Medical Center	Darien	630/985-4989
2160 S. First Avenue	Elmhurst	708/327-7030
Maywood, IL 60153	Hickory Hills	708/233-5333
	Homer Glen	708.645.3400
Anne Casaccio, RN	Oakbrook Terrace	630/953-6600
Linda Bauman, Secretary	Wheaton	603.665.5995
lbauman@luhs.org		
	Directions and maps available at www.luhs.org	
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Anne Casaccio, RN 708/216-5111 Linda Bauman, Secretary 708/216-6266 lbauman@luhs.org	Directions and maps available at www.luhs.org	7/28/2010