



Instructions for Parents For Care Following **HYPOSPADIAS REPAIR**

ACTIVITY

Your child should avoid straddle-type toys (a bike, horse that he would put between his legs) for 3 weeks following the surgery. Otherwise, unless instructed differently by your physician, your child may do whatever he wants to do.

DIET

You may feed your child whatever he wants to eat. Sometimes children who have had general anesthesia will vomit within the first 6 hours after surgery. This is common and you should not be alarmed. Some children are very thirsty or hungry after surgery. It is best to start slowly. Try sips of water or juice at first. After your child tolerates liquids, you may start solid food.

DRESSINGS

If a dressing was placed at the time of the surgery, you will not need to change it. Your son will need an appointment to have the dressing removed 2-3 days after the surgery. Give him a sponge bath, but don't wet the dressing. If your son is in a diaper, the dressing will, of course get wet when he urinates or dirty when he has a bowel movement. This is fine. Just clean the dressing as well as you can with a warm wet wash cloth. **On the day the dressing will be removed, soak your son in warm water for 20-30 minutes** just before you leave for the clinic. This will soften the dressing and help us to remove it. Give your son a dose of pain medication as you leave the house so that it is working when the dressing is removed. The dressing removal will probably cause severe pain.

After the dressing is removed, you will probably see swelling and bruising. There may be some bleeding from the incision areas on the penis. This is normal. You can expect the swelling to increase during the next day or two. You will probably see bruising on the shaft of the penis traveling down to the scrotum. If you see blood dripping from the penis or if you see blood clots in the diaper as large as a pea, call your surgeon. After the dressing is removed, apply antibiotic ointment (bacitracin, Neosporin, Polysporin, etc.) over the stitches at least 4 times a day or every time you change his diaper. This will help to keep the sutures from sticking to the diaper or underwear and it will help to prevent infection. Your son may have a stent in his urine channel. Put antibiotic ointment at the place where the stent enters his urine channel each time you apply it to the stitches on the penis.

MEDICATION

Your child will need pain medication following the surgery. He will probably have severe pain for several days. Don't be afraid to use pain medicine. Use the Tylenol with codeine according to the directions on the bottle. As the pain decreases, you may try regular children's Tylenol.

BATHING

If a dressing was placed at the time of surgery, your son should have a sponge bath until the dressing is removed. After the dressing is removed, let your son sit in warm water for about 10 minutes twice a day (morning and night) for two weeks. Put some antibiotic ointment (bacitracin, Neosporin, Polysporin, etc.) over the stitches after each bath.

FOLLOW-UP CLINIC VISIT

Call **Central Scheduling 708/216-8563** between 10:00 a.m. and 4:00 p.m. Monday through Friday and tell the associate that you need a **Post-op Visit in _____**. Post-op appointment: _____

ADDITIONAL INSTRUCTIONS

Hypospadias surgery usually causes a lot of pain. Your son will probably be irritable and tearful. This is normal. The pain medication should take the edge off of the pain enough for him to be able to sleep, but he will not be comfortable for a few days. Your child may have a low-grade fever the night of surgery. Call your doctor if the fever continues or if it is higher than 102 degrees Fahrenheit.

If your child should have difficulty with breathing, bleeding that you feel is excessive, persistent nausea or vomiting, pain that is unusual, swelling, or fever, please call your surgeon at 708/216-6266 (Monday-Friday 8:30 a.m. to 5:00 PM) or 708/216-8000 (evenings, nights or weekends). **In the event of an urgent emergency, you may take your child to the Loyola University Medical Center Emergency Department (708/216-3882) or to an emergency room near to you.**

Patient/Parent/Guardian
David A. Hatch, M.D. 708/216.6266
Anne Casaccio, RN 708/216-5111
Linda Bauman, Secretary 708/216-6266

Nurse/Physician
Office: 708/216-6266
Central Scheduling (all clinics) 708/216-8563
Directions and maps available at www.luhs.org 4/19/2010

Date



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