



Instructions for Parents For Care Following **CYSTOSCOPY**

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ACTIVITY

Unless instructed differently by your physician, your child may do whatever he wants to do.

DIET

You may feed your child whatever he/she wants to eat. Sometimes children who have had general anesthesia will vomit within the first 6 hours after surgery. This is common and you should not be alarmed. Some children are very thirsty or hungry after surgery. It is best to start slowly. Try sips of water or juice at first. After your child tolerates liquids, you may start solid food.

DRESSINGS

No dressings are necessary following cystoscopy.

MEDICATION

Your doctor may have prescribed antibiotics. If so, follow the directions on the bottle. Your child may need pain medication following the cystoscopy. Unless you were instructed otherwise, you can use ibuprofen (Motrin for children, Advil for children, or a generic form). You can give your child _____ mg. Ibuprofen every 6 hours. If ibuprofen does not relieve the pain well enough, your doctor may have given you a prescription for Tylenol with codeine. Follow the directions on the bottle. Use either ibuprofen or Tylenol with codeine, not both. Your doctor may have given your child a prescription for Pyridium, a medication that acts as a local anesthetic in the urinary tract to decrease burning and stinging your child may feel the first few times he/she passes urine. If you use this medication, you should know that it will turn your child's urine bright orange. This is normal.

BATHING

Your child may bathe or shower at any time.

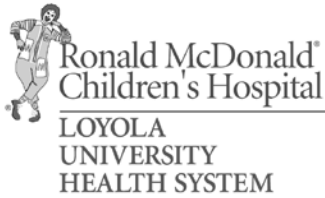
ADDITIONAL INSTRUCTIONS

Your child will have some burning and stinging with urination. This may last up to two days following the cystoscopy. If he/she has difficulty urinating, it may help to have him/her sit in a top of warm water and try to urinate into the water. You will probably note is some blood in the urine. This is normal. If the bleeding persists beyond 3 days, if you see large blood clots in the urine or if your child is unable to urinate, call your surgeon.

Your child may have a low-grade fever the night of surgery. Call your doctor if the fever continues or if it is higher than 102 degrees Fahrenheit.

If your child should have difficulty with breathing, bleeding that you feel is excessive, persistent nausea or vomiting, pain that is unusual, swelling, or fever, please call your surgeon at 708/216-6266 (Monday-Friday 8:30 a.m. to 5:00 PM) or 708/216-8000 (evenings, nights or weekends). **In the event of an urgent emergency, you may take your child to the Loyola University Medical Center Emergency Department (708/216-3882) or to an emergency room near to you.**

Patient/Parent/Guardian	Nurse/Physician	Date
David A. Hatch, M.D., F.A.C.S., F.A.A.P. Derek Matoka, M.D. Section of Pediatric Urology Loyola University Medical Center 2160 S. First Avenue Maywood, IL 60153	Office: Appointments: Central Scheduling (all clinics) Darien Elmhurst Hickory Hills Homer Glen Oakbrook Terrace Wheaton	708/216-6266 708/216-8563 630/985-4989 708/327-7030 708/233-5333 708.645.3400 630/953-6600 603.665.5995
Anne Casaccio, RN Linda Bauman, Secretary lbauman@luhs.org	708/216-5111 708/216-6266	Directions and maps available at www.luhs.org 7/28/2010



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