



Instructions for Parents For Care Following **CIRCUMCISION**

ACTIVITY

Unless instructed differently by your physician, your child may do whatever he wants to do.

DIET

You may feed your child whatever he wants to eat. Sometimes children who have had general anesthesia will vomit within the first 6 hours after surgery. This is common and you should not be alarmed. Some children are very thirsty or hungry after surgery. It is best to start slowly. Try sips of water or juice at first. After your child tolerates liquids, you may start solid food.

DRESSINGS

No dressing is usually necessary following a circumcision. You should apply antibiotic ointment (bacitracin, Neosporin, Polysporin, etc.) around the penis where the stitches are at least twice a day. For the first week, use antibiotic ointment with pain reliever (Neosporin-Plus, Polysporin-Plus or a generic such as Triple Antibiotic-Plus). If your child is in a diaper, you may apply the ointment as often as with every diaper change. If your son wears regular underwear, placing a small piece of Telfa (available at your drugstore) between the ointment and the under shorts will help to keep the sutures from sticking to his underwear. Place the ointment around the area of the stitches four times per day.

MEDICATION

Your child will need pain medication following the surgery. Unless you were instructed otherwise, you can use ibuprofen (Motrin for children, Advil for children, or a generic form). You can give your child _____ mg Ibuprofen every 6 hours. If ibuprofen does not relieve the pain well enough, use the Tylenol with codeine according to the directions on the bottle. Use either ibuprofen or Tylenol with codeine, not both.

BATHING

You may bathe your child 24 hours after the surgery. Let him soak in the tub with his penis underwater for 5-10 minutes twice a day, morning and night. One-week following the surgery, he can stay in the tub or shower as long as he likes. He can also go swimming.

ADDITIONAL INSTRUCTIONS

You will notice swelling and bruising on your son's penis. This will be more prominent one to two days following surgery. This is normal and should be expected. It is common to see very prominent swelling below the head of the penis on the underside. If you should notice a continuous dripping of blood or blood clots in the diaper larger than a lima bean, call your surgeon.

Your child may have a low-grade fever the night of surgery. Call your doctor if the fever continues or if it is higher than 102 degrees Fahrenheit.

If your child should have difficulty with breathing, bleeding that you feel is excessive, persistent nausea or vomiting, pain that is unusual, swelling, or fever, please call your surgeon at 708/216-6266 (Monday-Friday 8:30 a.m. to 5:00 PM) or 708/216-8000 (evenings, nights or weekends). **In the event of an urgent emergency, you may take your child to the Loyola University Medical Center Emergency Department (708/216-3882) or to an emergency room near to you.**

Patient/Parent/Guardian

Nurse/Physician

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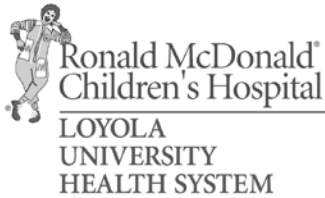
Office: 708/216-6266

Appointments:

Central Scheduling (all clinics)	708/216-8563
Darien	630/985-4989
Elmhurst	708/327-7030
Hickory Hills	708/233-5333
Homer Glen	708.645.3400
Oakbrook Terrace	630/953-6600
Wheaton	603.665.5995

Directions and maps available at www.luhs.org

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