

Information for Parents About Testing for Incontinence or Infection

Your doctor has ordered three things to help us understand what is causing your child's problem. It is very important to follow the instructions for all three.

1) **Urine flow rate and post-void residual** tell us if the bladder muscles are working against each other when your child is trying to hold urine or empty the bladder. The equipment to do these tests is only at the Oakbrook Terrace office (see map). Make an appointment to do the testing today as you check out. **Tell the associate your child needs to be scheduled for a PROCEDURE type clinic visit.** If you can't make the appointment today, call 630/953-6600 and **tell the associate your child needs a PROCEDURE type clinic visit.**

The tests are done by having your child urinate into a device (we call it the electric toilet) that measures how fast the urine comes out. There is no catheter and it does not cause any discomfort. To be accurate, it is very important that your child passes enough urine (1/2 oz. for every year of age. Have your child drink as much as he/she can before your appointment.



2) Voiding diary. Follow the directions on the sheet. If you lose the sheet call us and we'll send you another one. Keep the diary for a full 3 days (not necessarily 3 days in a row) from morning to bed time.

3) Bowel program. Some parents are surprised to hear that their child may have constipation. Stool in the lower intestine makes it harder for the bladder to work properly. Tests can be done to see how much stool is in the lower intestine, but we feel that those tests cause more trouble (radiation from x-rays, or pain from a rectal exam) than simply trying a bowel program with a safe over-the-counter laxative (Miralax)

For more information on this topic you are welcome to visit Dr. Hatch's web site: Genitourinary Development [www.meddean.luc.edu/lumen/meded/urology/guhome.htm]

For more information about Dr. Hatch please visit our web site [www.luhs.org/urology]

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