



Information for Parents About 24 Hour Urine Collection

Purpose:

A 24 hour urine collection requires you to save all your urine for an entire day, exactly 24 hours. This includes daytime and night-time urine.

Procedure:

1. Get up in the morning, go to the bathroom, empty your bladder and discard this urine (do not save).
2. Make note of the date and time; this is the beginning of the 24 hour collection.
3. Save all your urine from then on and place in the container that was provided and keep refrigerated.
4. Get up the next morning at the same time you got up the first day. Go to the bathroom, empty your bladder and save the urine.
5. Mark the date and time; this is the end of the urine collection.
6. Bring the urine collection to the laboratory as instructed.

For more information on other topics you are welcome to visit Dr. Hatch's web site: Genitourinary Development [www.meddean.luc.edu/lumen/meded/urology/guhome.htm]

For more information about Dr. Hatch please visit our web site [www.luhs.org/urology]

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Directions and maps available at www.luhs.org

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