



**LOYOLA  
MEDICINE**

*We also treat the human spirit.®*

## **PRE-OPERATIVE INSTRUCTIONS SIMPLE**

Please do not take aspirin or aspirin -type products 10 days prior to surgery and 10 days following surgery.

For example:

Advil

Aleve

Cold- medicine with aspirin

Also:

Large amounts of garlic, ginger, and vitamin E are to be stopped as well. These products all "thin" the blood.