



POSTOPERATIVE CARE FOR SIMPLE PAROTIDECTOMY

1. Dressing to remain in place until seen by resident for drain removal (approximately 2 to 3 days). Suture removal to be arranged with the resident at time of drain removal.
2. Please empty and record the amount of drainage three times a day, once in the morning, at mid-day, and then at bedtime. Bring this recorded information with you when you come back to see the resident.
3. DO NOT get incision or drain site wet. Keep the wound clean and dry until drain and sutures are removed.
4. DO NOT do any heavy lifting or strenuous activity for about 2 weeks, but do resume all normal activities.
5. Your jaw may feel sore. This is normal. Open your mouth very wide ten times per hour. This will prevent your jaw from stiffening.
6. Call our office if the following should develop:
 - a. Swelling, redness, or foul smelling drainage from the incision or drain site.
 - b. Temperature greater than 101.

IMPORTANT NUMBERS:

(708) 216-9183- ENT Triage Nurse, Mon.-Fri., 9:00am- 4:00pm
(708) 216-9000- ENT Resident on call after hours and weekends.