



**LOYOLA  
MEDICINE**

*We also treat the human spirit.®*

## **PONARIS NASAL EMOLLIENT ( PUMP BOTTLE USAGE)**

- 1.) GET PUMP BOTTLE- LIKE NASALCROM OR SINOFRESH NASAL SPRAY (OVER THE COUNTER MEDICATION)
- 2.) EMPTY CONTENTS OF BOTTLE
- 3.) WASH BOTTLE THOROUGHLY
- 4.) FILL AND LABEL THE BOTTLE WITH PONARIS

DIRECTIONS: USE 2 SPRAYS OF PONARIS IN EACH NOSTRIL 2-3 TIMES A DAY.

ANY QUESTIONS, PLEASE CONTACT FLO JAWORSKI, R.N. AT (708) 216-9183.

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