



ENT DEPARTMENT LARYNGOSCOPY, BRONCHOSCOPY, ESOPHAGOSCOPY AND/OR EXCISION OF PAPILLOMAS WITH CO2 LASER POSTOPERATIVE INSTRUCTIONS FOR PARENTS

Activity

Children will naturally restrict their activity when they do not feel well. When your child is ready to play, most types of activity are allowed under parental supervision.

Diet

1. Fluids are very important for the first 24 hours after surgery. Start with small sips of clear liquids such as apple juice, broth, 7 UP, jello, or water. Too much liquid given too quickly may cause nausea or vomiting.
2. When liquids are tolerated well, your child may start eating solid food.

Medication

1. Most children do not have pain after these procedures. If needed, Tylenol given every 4 hours per package instructions should provide relief.
2. If pain is not relieved by Tylenol, notify the surgeon.

Additional Information

1. There may be a small amount of bleeding or spotting in the nose and mouth secretions (streaks of blood with phlegm).
2. Some children have nausea after surgery. They may even vomit. This is due to the anesthesia. Occasionally, a small amount of blood is swallowed during surgery. This blood may appear in the vomited material. You do not need to be worried about this.
3. A low grade fever after surgery is not unusual. Temperature up to 101.0 degrees F. are acceptable. Tylenol should help reduce the fever.
4. No breathing problems are expected. Some children may cough. Others may have a hoarse voice or avoid talking due to a mild sore throat.

CALL THE DOCTOR IMMEDIATELY IF YOUR CHILD HAS:

1. Any type of breathing problem
2. Fever greater than 101.0 degrees F.
3. Pain not relieved by Tylenol
4. More than small amounts of bleeding

If your child should experience difficulty breathing, bleeding that you feel is excessive, persistent nausea or vomiting, pain that is unusual, swelling, or fever, please call your doctor at (708) 216-2000 Monday through Friday, 7:00 a.m. to 5:00 p.m. At midnight and on weekends, please contact the ENT resident physician by calling (708) 216-8000 and/or call the Loyola University Medical Center Emergency Department at (708) 216-3882, or go to an emergency room which is closest to you.

Patient verbalizes understanding of the above instructions.