



**LOYOLA  
MEDICINE**

*We also treat the human spirit.®*

## **INSTRUCTIONS FOR EAR DROP INSTILLATION**

1. Lie flat on a bed or couch.
2. Turn your head to the side.
3. Pull the ear up and back on the other ear. This straightens out the ear canal.
4. Instill ear drops as ordered.
5. Lie still 3 to 4 seconds to allow the drops to get all the way down the ear canal.
6. Put a piece of cotton in your ear.
7. The cotton can be removed after one hour.
8. Please call us if you have any questions.

### **IMPORTANT NUMBERS:**

(708) 216-3664- ENT Triage Nurse, Mon.- Fri., 9:00am-4:00pm

(708) 216-9183- ENT Department

(708) 216 9000- ENT Resident on call after hours and weekends

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