



ENT ENDOLYMPHATIC SAC DECOMPRESSION

1. There are no special activity restrictions. However, we do ask that you avoid air travel for approximately one month following surgery.
2. You may return to work as soon as you are able to.
3. Remove the dressing in 24 hours.
4. You may rinse the incision site with warm water, gently pat it dry, and apply Bacitracin ointment for the next seven days.
5. Remain on the low salt diet.
6. Discontinue the Dyazide and Antivert, unless the doctor advises you differently or your primary physician has prescribed them for another reason. Then please check with your primary care physician.
7. Schedule appointment to see your doctor 1 month from the time of surgery. (708) 216- 3835.
8. Common post-op symptoms: - fullness or pressure in operated ear.
- tinnitus.
- dizziness or imbalance.

These symptoms should subside in time as the healing process takes place and the fluid in the endolymphatic sac equalizes.

IMPORTANT NUMBERS:

(708) 216-9183- ENT Triage Nurse, Mon.-Fri., 9:00am- 4:00pm
(708) 216-9000- ENT Resident on call after hours and weekends.