



**LOYOLA
MEDICINE**

We also treat the human spirit.®

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OFFICE –BASED TRANSNASAL ESOPHAGOSCOPY PROCEDURES (TNE)

BEFORE TREATMENT:

- **You can have clear liquids during the 3 hours prior to treatment. No solid food within 3 hours of your procedure. Please make sure you have a light breakfast or lunch the morning of your procedure.**
- **Wear clothing that is loose around the neck; do not wear any jewelry/ necklaces around the neck.**
- **On the day of your procedure, please have someone accompany you.**

FOLLOWING TREATMENT:

- **Nothing to eat or drink following treatment for approximately 1 ½ hours**
- **Follow-up as discussed with Dr. Akst**

Please call our office at 708-216-9183 with any questions or concerns.

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