

HEADS & TALES

Loyola University Chicago Stritch School of Medicine



MAY 2007

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LOYOLA
UNIVERSITY
CHICAGO

2007 Winners of the Peter Girgis Competition Selected Jan. 17

Rafael Quinonez, M.D., Ph.D., was selected as the first place winner of the Peter Girgis Research Competition held at Loyola's Cancer Center on Jan. 17, 2007.

This year's symposium judges included David Witsell, M.D., M.H.S., Otolaryngology-Head and Neck Surgery, Duke University Medical Center; Raymond Konior, M.D., Otolaryngology-Head and Neck Surgery, Loyola; and Richard Schultz, Ph.D., Cell Biology, Neurobiology and Anatomy, Loyola. Carol Bier-Laning, M.D., was the program coordinator.



Above are the 2007 Girgis winners, left to right, Drs. Woodard, Lal and Quinonez. Below, attending the annual event were, left to right, Drs. John Leonetti, Sam Girgis, James Stankiewicz and Brian Farrell, Century Ear, Nose and Throat, Orland Park.



Dr. Quinonez presented his research on *"Chronic rhinosinusitis and its association to Th1 pathologies."* Second place was awarded to Devyani Lal, M.D., for her study of the *"Electro-stimulation facilitates functional recovery of the facial nerve in rats after a crush injury at the stylomastoid foramen."* Third place went to Troy Woodard, M.D., for *"Characteristics of treg cells in patients with head and neck cancer."*

This marks the 16th year the competition has been held. It was originally established by the Girgis family in honor of Peter Girgis, the brother of former resident Sam Girgis, now in private practice in the Chicago area and a clinical faculty member at Loyola.

The competition honors excellence in residency research projects.

CHAIRMAN'S DESK

Dear Reader:

It's been a while since we've sent out our newsletter. We hope this issue will bring you up to speed on the many exciting changes in Loyola's Department of Otolaryngology-Head and Neck Surgery.

Last July, after my formal appointment as the chairman of our department, the Medical School hosted a luncheon on campus and invited faculty, staff and other Loyola personnel to stop by and wish me well.

But I want to go a step further and recognize the fact that our success is due to the great people in our department -- from our wonderful office and clinic staff to our outstanding nurses, residents and faculty. It was most gratifying to have our department and hospital recognized in *US News & World Report* as being among the best in the nation (photo right). They deserve their day in the sun, too.

When I assumed the chairmanship, many challenges faced us, both internally and on the national health care scene. First on my agenda was to encourage a spirit of confidence and departmental self-esteem, to develop that sense of true teamwork that is so vital to any organization's ability to move ahead.

That included hiring faculty and staff to fill the vacancies left by our colleagues who have chosen to leave the academic environment for other venues.

In this issue, we are pleased to introduce two new physicians who have joined our department in the past year, Drs. Joe Scianna and Lee Akst. In July, Dr. Chad Zender, one of our chief residents, will return to join our oncology program with Dr. Kamil Muzaffar. Chad is currently completing a fellowship in head and neck at Vanderbilt University. Each of these new talents will help us build a very strong subspecialty area and make it even stronger.

As we move forward, we'll again look at our research component and the basic sciences part of the program. The VA's Dr. Rita M. Young and her associates gave us great support: when she moved to South Carolina, she left a huge gap in our academic and financial abilities to continue our research at her level of excellence. We will work to rebuild that arena.

I wish to express appreciation, too, for the generous gifts we have recently received, including a \$100,000 donation received from the Crown, Star and Kunkler families, payable over four years to the Loyola University Medical Center.

These funds were earmarked as an unrestricted grant to our department, for use at the discretion of the chairman. Their gift will help us establish, equip and build upon the excellent programs we have in our department. The initial \$25,000 will be used for salary support and equipment purchases to help our young faculty of the Nasal Sinus and Voice Swallowing Centers.

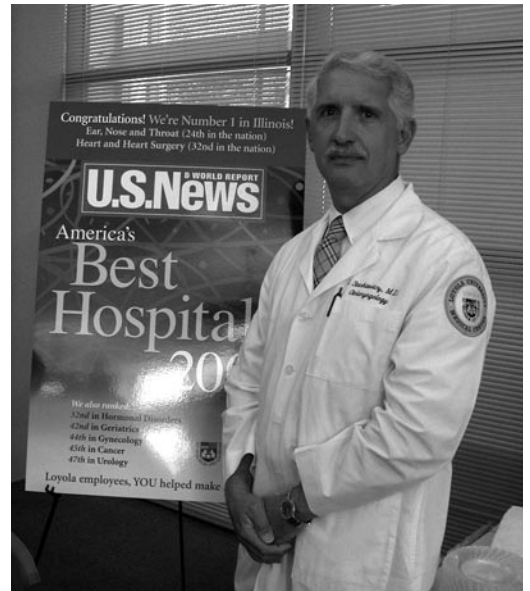
Many thanks, too, for a \$10,000 donation from the William DeVane Company and another \$10,000 from Robert Kling. We are most grateful to these people for their generous gifts, especially in this era of tightening budgets.

And, we'd like to hear from our former residents and current friends so that we can share your successes with our readers. On pages 6 and 7, you may be pleased to recognize some familiar faces again. Let us hear from you!

Finally, I wish to acknowledge the love and support of my family: it was only with my family's permission that I have been able to take on this very major time commitment. I've been here since 1980, and have been involved in recruiting all of our residents. I've seen this department grow and develop in all different ways, with many challenging changes.

We're still going strong. With your help and the grace of God, we will continue for a long, long time.

*Jim Stankiewicz, Chairman
May, 2007*



COMMAND CENTRAL

There's a new look about the ENT department's office. New faces and new features have been put in place over the last year, optimizing both team spirit and service.

Frosted glass panels have been added to the exterior windows enclosing the office, adding much needed privacy to the reception area.

The old library adjacent to the skull base laboratory has now become the LUPF conference room again, making it a more convenient location for grand rounds and other meetings.

The area previously occupied by the nurses, who migrated *en masse* to the Outpatient Center to be closer to their clinicians and patients, has become a second home to residents, complete with spacious work areas, computers and resource materials.

A new conference room now occupies the space formerly used as the chairman's office. One no longer stops in awe to peer into Dr. Stankiewicz's eclectic mix of memorabilia in the hopes of seeing him behind the stacks and stacks of file folders and patient gifts. He has wisely moved his quarters to the rear of the departmental suite, giving him much needed room to expand.

But the changes reach beyond the cosmetic. New staff includes Nancy Parolin, M.B.A., who replaced Joanne Klumpp as the business administrator in April, 2006, and Jacqueline Burns, now Dr. Stankiewicz's administrative assistant as of August.

"Nancy divides her time between the departments of ENT and Neurosurgery, close partners with our physicians," said Dr. Stankiewicz.

A long-time Loyola employee, Nancy counts among her responsibilities human resources and staffing, strategic planning, physician



You'll see a new administrative team in the ENT departmental offices these days. From left, are Jackie Burns, Nancy Parolin and Susan Martinkus, R.N.

The team serves "Command Central" as they work to coordinate the many operations and needs of the office, clinics, nursing staff, faculty and residents.

credentialing and the residency program, budget, faculty meetings and special projects such as remodeling. Though she divides her office hours between two departments, she can be reached any time during the day at 708/216-2226.

Jacqueline Burns, as his administrative assistant, is "the person who knows everything," said the chairman.

As the former administrative secretary to CEO Tony Barbato, M.D., Jackie is well-suited to handle the many demands of his busy department.

For Jackie, who actually worked in the ENT department 15 years ago as Dr. Leonetti's senior secretary, "it was like coming home," she said.

An employee of Loyola for more than 26 years, she returned after Dr. Barbato retired in August, 2006, and now provides all administrative support for the chairman as well as facilitates the daily operation of the department.

Jackie can be reached at 708/216-8526.

Rounding out the personnel changes is Susan Martinkus, R.N. (formerly Gaessler), and another long-time Loyola employee, who

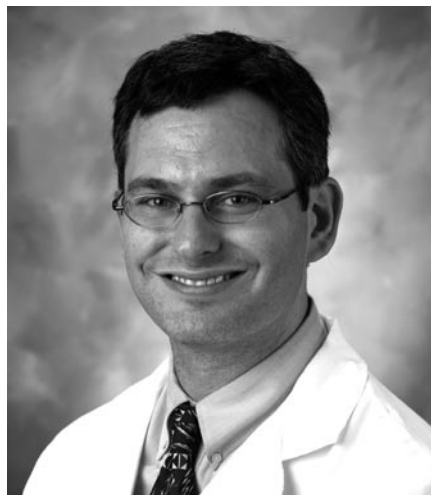


Thanks to a donation in Dr. Leonetti's name from Susan and Don Levine, Grand Rounds and other group meetings can now be held in the LUPF conference room conveniently located within the department. No more treks to the second floor!

has assumed the position of practice manager for the department.

Susan coordinates the activities of the nurses and clinical staff and works to create a safe environment for patients, including clinical competencies, budget and quality control issues. She can be reached at 708/216-2119.

LOYOLA NEWSMAKERS



Lee M. Akst, M.D.

Assistant Professor, Director,
Section of Laryngology

Dr. Akst received his undergraduate degree in political science at Yale University, then completed his medical degree at Yale University School of Medicine in 2005. He completed his ENT residency at The Cleveland Clinic Foundation, followed by a laryngology fellowship with Dr. Steven Zeitels at the Massachusetts General Hospital Center for Laryngeal Surgery and Voice Rehabilitation in Boston.

Dr. Akst has clinical and research interests in a wide range of voice and swallowing disorders.

He has published on a variety of otolaryngology topics, with a focus on voice and swallowing disorders. He also provides comprehensive evaluation and treatment for a variety of swallowing disorders.

Special Interests: *Voice disorders and laryngeal surgery – vocal cord nodules, polyps, cysts, cancer, papilloma, paralysis; spasmodic dysphonia; laryngopharyngeal reflux; swallowing disorders – dysphagia*



Joseph M. Scianna, M.D.

Assistant Professor, Co-Director
Sinus and Sleep Disorders

Dr. Scianna was born in the western suburbs of Chicago, and graduated from Augustana College in Rock Island, Illinois for his undergraduate education.

He completed his medical school training at the Loyola Stritch School of Medicine, then completed a residency in ENT at Loyola. He continued his training with a specialized fellowship in sinus surgery under the guidance of Dr. J. Stankiewicz.

His clinical and research activities include diagnosis and treatment of nasal and sinus disorders, anterior skull base surgery, otolaryngologic allergy and the surgical management of sleep disorders.

Dr. Scianna sees patients throughout the Chicago area at the Oak Brook Terrace Medical Center, the Loyola Outpatient Center in Maywood, as well as the Loyola Outpatient Center in Hickory Hills.

Special Interests: *Nasal and sinus disorders, endoscopic sinus surgery, balloon sinuplasty, nasal polyp surgery, chronic sinusitis, revision sinus surgery, surgical repair of the deviated septum*

Recent Publications & Presentations

Faculty continue to publish articles and make presentations. For a complete list, catch up with our Newsmakers at www.lumc.edu/ent.

Hotaling, A.J. Cough in V IAPO, Chapter 6, pages 45-48 and Obstructive Sleep Apnea in Children in V IAPO (Interamerican Association of Pediatric Otorhinolaryngology) 5th *Manual of Pediatric Otorhinolaryngology*, Editors: Tania Sih, Alberto Chinski, Roland Eavey, Richardo Godinho, Chapter 18, pages 91-94, 2006.

Leonetti, John. Perioperative Complications with the Bone-Anchored Hearing Aid. *Otolaryngology-Head and Neck Surgery* 2006. 134:236-239; Combined transtemporal access for large (>3 cm) meningiomas of the cerebellopontine angle. *Otolaryngology-Head and Neck Surgery* 2006. 134:949-952;

Marzo SJ, Leonetti JP. Tumors of the Temporal Bone, in *Comprehensive Management of Tumors of the Skull Base*. Hanna, EY, DeMonte F, editors. Marcel Decker, Inc, 2006, (in press); and **Marzo SJ, Leonetti, JP, Petruzzelli, GJ.** Malignant Neoplasms of the Temporal Bone, in *Head and Neck Oncology*. Plural Publishing, Inc, 2006.

Scianna, JM, Stankiewicz, JA. Chapter 49: Primary Paranasal Sinus Surgery. *Ballenger's Otorhinolaryngology Head and Neck Surgery-17th Edition*, 2007.

Shirazi, M, Stankiewicz, JA: Activity of Nasal Amphotericin B Irrigation Against Fungal Organisms In Vitro. *American Journal of Rhinology*, Accepted for publication, 2006; and **Shirazi MA, Muzaffar K, Leonetti JP, Marzo SJ.** Surgical treatment of pediatric cholesteatomas. *Laryngoscope* 2006; 116:1603-1607.

Zender CA, Marzo SJ, Leonetti JP, Kostidis A, Daefer R. Head, Neck and Skull Base Neoplasms, Chapter 140, in *The Interface of Neurology and Internal Medicine*, Biller J, editor, 2006, (in press), and **Zender CA, Marzo SJ, Leonetti JP.** *Diseases of the External Auditory Canal*, Chapter 16, in *Clinical Otolaryngology, 3rd Edition*, Hughes GA, Pensak MP, editors 2006, (in press).

James Stankiewicz, M.D., made presentations at the September, 2006 AAO-HNSF Annual Meeting in Toronto, Canada, including, *Ask the Experts: An Endoscopic Sinus Surgery Potpourri, Complications of ESS for Powered Endoscopic Sinus Surgery; and Pediatric ESS for Powered Endoscopic Sinus Surgery.* He also presented "How I Do It:" *Total Ethmoidectomy; Sphenoidotomy; Frontal Ostioplasty; Orbital Decompression (Endoscopic) and DCR; and Endoscopic Meial Maxillectomy for Inverted Papilloma,*" Lake Buena Vista, Florida in November, 2006.

NEW PROCEDURES



Above is Dr. Lee Akst with the new KTP laser equipment. The procedure can be used in the operating room or in the office to treat a variety of voice disorders.



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Not Just for Rock Stars:

New Laser Procedure Now at Loyola

As part of his subspecialty training in voice disorders, Dr. Lee Akst experienced a variety of interesting cases and personalities during his fellowship with Massachusetts General Hospital's Dr. Steven M. Zeitels, a noted specialist whose client list includes politicians, rock and opera stars and other celebrities.

With Dr. Zeitels, Dr. Akst has become one of the first physicians in the United States to be trained in the use of the pulsed potassium-titanylphosphate (KTP) laser to treat a number of voice problems.

They include vascular malformations such as broken blood vessels in vocal cords caused by continuous singing or speaking; dysplasia, an early form of cancer; papilloma, a benign tumor that often recurs; and other disorders of tissues surrounding the vocal cords.

The cutting edge procedure (KTP) was used to treat Steven Tyler, the rock star and lead singer for Aerosmith, whose singing career was interrupted by a popped blood vessel in Tyler's right vocal cord. The KTP laser helped him to resume singing.

When he joined Loyola in 2006, Dr. Akst was able to bring this new technique with him to treat others with voice disorders. The KTP laser can be used in both the operating room and the office.

Office use allows patients to be treated for papilloma or dysplasia without the need for a general anesthesia.

Dr. Akst is also able to offer a number of other office-based treatments performed under local anesthesia. In many cases, these treatments provide a safe and well-tolerated alternative to surgery in an operating room. These office-based therapies include:

- Botox injection for spasmodic dysphonia
- Transnasal esophagoscopy (TNE) for evaluation of the esophagus in patients with reflux disease
- Vocal cord injection for vocal cord paralysis or weakness
- Pulsed laser therapy for early vocal cord cancers and pre-malignant conditions
- Pulsed laser therapy for recurrent respiratory papillomatosis

Dr. Akst has clinical and research interests in a wide range of voice and swallowing disorders. He specializes in the diagnosis and treatment of hoarseness from a variety of vocal disorders, including vocal cord paralysis, vocal cord cancer, and spasmodic dysphonia.

He has an active interest in care of the professional voice, and he is skilled in the diagnosis and management (both surgical and non-surgical) of singers and their voice complaints.

He also provides comprehensive evaluation and treatment for a variety of swallowing disorders.



KEEPING IN TOUCH

Our graduates have gone on to many careers and many places, but many still manage to let us know how they're doing.

Keep in touch: we'd like to share some of the news from our Loyola Newsmakers in each issue. Let us hear from you, whether it's a new baby or a new job. Send your information and photos to: *Editor, c/o Heads & Tales, ENT Department, 2160 S. First Avenue, Maywood, IL. 60515*



Our 2006 Graduates

Above, graduating in June, 2006, and surrounded by family and friends, were, from left, Chad Zender, M.D., Margie Beauchamp, M.D., and Joe Scianna, M.D.

Chad is currently doing a fellowship in head and neck oncology at Vanderbilt University, and will return to join our faculty as our new head and neck surgical oncologist when his fellowship is finished.

Joe Scianna joined our department as a Loyola faculty member, and co-director of the Nasal Sinus Center. He will see patients at the Loyola Outpatient Center at the medical center campus, the Loyola Ambulatory Surgery Center at Oakbrook Terrace, and Loyola's Center for Health at Hickory Hills.

Margie began two new careers at once: she joined a private practice in Rome, Georgia, and became a mom in September, 2006.

Note: The 2007 graduation ceremony will be held on Saturday, June 23, from 11 a.m. to 2 p.m. at the McDonald Lodge in Oak Brook.

Our Current Crop of Residents

(Graduating in 2007)

*Rita Schuman, M.D., St. Louis, MO
Rafael Quinonez, M.D., Columbia
Mobeen Shirazi, M.D., Guam*

(Graduating in 2008)

*Troy Woodard, M.D., Baltimore, MD
Neena Agarwal, M.D., Pennsylvania
Samuel Kerns, M.D., Pennsylvania*

(Graduating in 2009)

*Timothy Hughes, M.D., Urbana, IL
Devyani Lal, M.D., India
Laura Toups, M.D., New Orleans, LA*

(Graduating in 2010)

*Kelly Cunningham, M.D., Chicago, IL
Adam Mariotti, M.D., Pennsylvania
Ryan Porter, M.D., Chicago, IL*

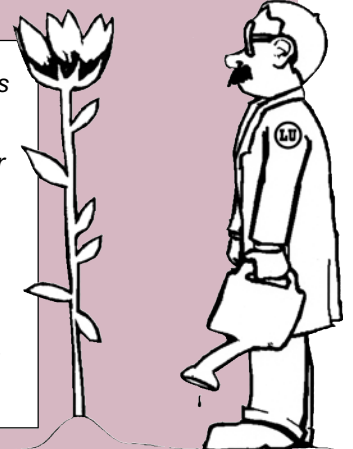
(Graduating in 2011)

*James Jaber, M.D., San Francisco, CA
Matthew Kircher, M.D., Decatur, IL
Carl Moeller, M.D., Evanston, IL*

Our educational goals aimed at training medical students and residents are met consistently.

For more than 25 years, all residents have passed their Board examination for otolaryngology. Since the program began in 1981, 75 physicians have graduated from Loyola's Department of Otolaryngology-Head and Neck Surgery.

Our newest residents beginning in July, 2007, include Brent Benscoter, Missouri, and Avinash Mantravadi, Indiana, and Amy Putman, Missouri.

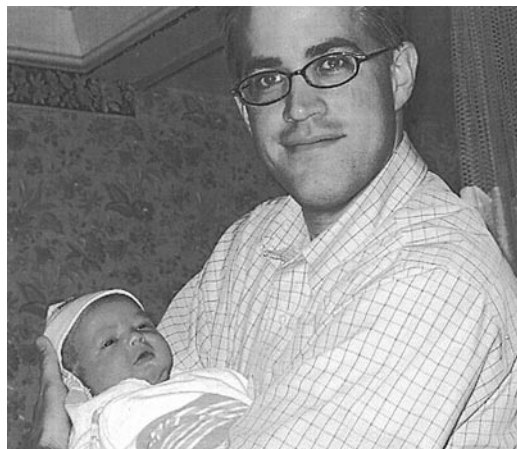


AROUND THE WORLD

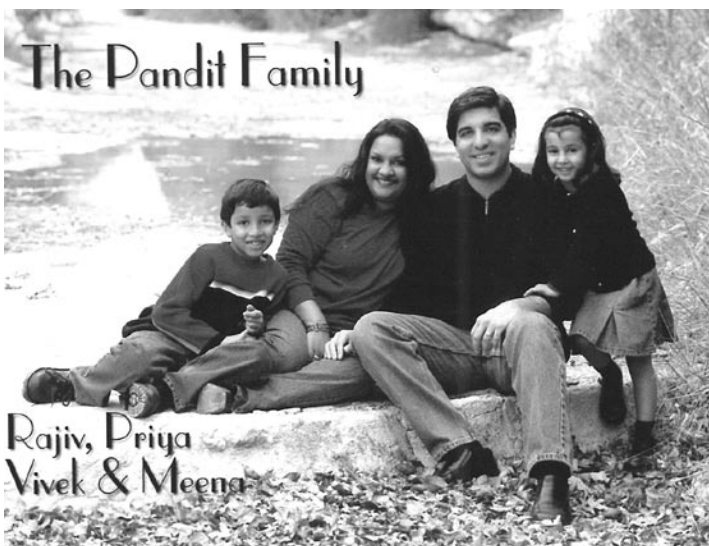


Dr. Gregory Matz was the recipient of the 2006 Damen Award at the Founders' Dinner, the annual alumni recognition dinner held on June 2. The event celebrates the achievements of Loyola's alumni and friends. Named for Loyola University Chicago's primary founder, Arnold Damen, S.J., the Damen Award recognizes the qualities of leadership in industry, leadership in community and service to others. In photo are, left to right, Fr. Michael Garanzini, Dr. Greg Matz, and Dr. Tony Barbato.

At right is a proud new dad, **Dr. Ryan Porter**, a second year resident, who welcomed Ryan Garrett Porter, Jr., into the world on July 31, 2006, at 9 lbs. 15 oz.



Below is the **Vivek Pandit** family of Dallas, Texas..



Residents, faculty, staff and friends gathered for the annual departmental Christmas party at the Pompeii Restaurant on Dec. 13, photos above.

MAKING THE ROUNDS

Current Faculty

James A. Stankiewicz, M.D.
Professor and Chairman
Paranasal Sinus Disorders

John P. Leonetti, M.D.
Professor & Vice-Chairman
Otology, Neurotology &
Skull Base Surgery

Lee Akst, M.D.
Assistant Professor, Laryngology
Swallowing Disorders

Carol Bier-Laning, M.D.
Clinical Assistant Professor
Head & Neck Cancer Surgery

Andrew J. Hotaling, M.D.
Professor, Pediatric Otolaryngology

Raymond J. Konior, M.D.
Clinical Associate Professor
Facial, Plastic & Reconstructive
Surgery

Sam Marzo, M.D.
Associate Professor, Otology,
Neurotology, Skull Base Surgery, &
Hearing & Balance

Gregory J. Matz, M.D.
Professor, Head & Neck
Cancer Surgery

Kamil Muzaffar, M.D.
Associate Professor
General Otolaryngology

Joseph Scianna, M.D.
Assistant Professor
Sleep Anesthesia & Rhinology

Nancy Parolin, Program Director

Heads & Tales

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From left in photo are Drs. Tim Hughes, course co-director John Leonetti, speaker Kamil Muzaffar, and Sam Kerns. LU faculty Sam Marzo, M.D. also co-directed the course.

Unusual Causes of Common Head & Neck Symptoms

The March 3, 2007, seminar on "Unusual Causes" was held to share Loyola's expertise with community physicians and health care personnel, as well as students and staff.

Speakers included Drs. Lee Akst, Andrew Hotaling, John Leonetti, Sam Marzo, Kamil Muzaffar, Joseph Scianna, James Stankiewicz, and Dean Trigg.

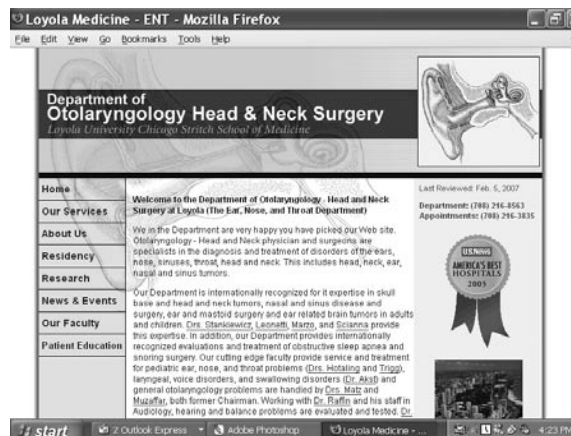
Media: **Jim Stankiewicz, M.D.**, was interviewed in two national publications on the balloon sinuplasty procedure recently approved by the Food and Drug Administration.

In both *The New York Times* (May 4, 2006) and *USA Today* (June 13, 2006), Dr. Stankiewicz cautioned patients about the new procedure, which works much like angioplasty, saying the publicity is overblown. He noted that it is an introduction of additional instrumentation, but that its use is limited. "Many sinus patients do not need surgery and the majority of sinus sufferers are unlikely to benefit," he commented.

He notes that he is among the doctors who would like to see more research on the subject instead of seeing a new technology pushed by manufacturers and media attention fail to live up to all the hype.



How did **Dr. Sam Marzo** find his place in the world of medicine? A feature story in a recent *WGA Par Club Magazine* describes how caddying at Idlewild Country Club near Flossmoor, Illinois, and earning an Evans Scholarship changed his life. Dr. Marzo continues to receive major media attention both locally and nationally for his practice of leading edge care, including the treatment of patients who suffer severe hearing, dizziness or other inner ear disorders and diseases.



MORE NEWSMAKERS—

Loyola's ENT faculty provides many local and national teaching conferences, and has presented over 50 papers at national and international meetings.

For a comprehensive list and in-depth information about our department, go to our new web site at:
www.lumc.edu/ent