

Health Concerns in the LGBT Community

Rosa Isela Machado

In this workshop we will cover key points in Lesbian, Gay, Bisexual, and Transgender health such as: components of sexuality, advocacy, barriers from the patient and physicians, health disparities and outcomes, and systematic barriers. This talk will cover how we, as health care providers, can better serve this community by being better informed and unlearning biases.

This workshop will include an introduction on the topic on hand and clear up some common misconceptions with the help of the audience. We will go through a series of topics where we will define LGBT health and work with the audience to answer some important questions such as:

- What are the health outcomes and health needs of LGBT persons?
- What health services are available that respond to these needs?
- What are client experiences and perceptions?
- What are provider experiences and perceptions?

Goals of workshop:

- To gain advocates within health care providers for the LGBT population in order to better serve this community.
- To increase awareness about the health issues affecting the LGBT population.
- To help the audience unlearn biases about this group decreasing the barriers between patient and physician.

Specific Tools:

- Participants will leave with guidelines on how to better serve their LGBT patients such as:
 1. Creating a welcoming clinical environment
 2. General guidelines for forms and patient-provider discussions
 3. Confidentiality
 4. Some specific issues to discuss with LGBT patients

This workshop goes hand in hand with the goals of the summit by exposing the audience to a wide array of topics and providing awareness of a specific patient population that is often times overlooked. I hope that by attending this workshop the needs of a minority population will be able to be better met and will find new advocates among health care providers.



**LOYOLA
MEDICINE**

*Loyola University Chicago
Stritch School of Medicine*