

# Healer's Art 2007

## Personal Hippocratic Oaths

Help me to find a place of quiet.  
Remind me to love myself so I can love others.  
May I be enough.  
*(Class of 1989)*

Remind me that my dreams are not impossible, outlandish, and unattainable.  
Show me that stress does not have to be the norm if I don't let it.  
That peace and joy are waiting for me to reach out and touch them.  
Remind me that objects are not important, that attachment is futile, that letting go is often the best place to begin.  
*(MS1, Class of 2010)*

Give me patience.  
Help me to slow down.  
Give me courage.  
*(MS4, Class of 2007)*

Bring us peace to discern.

Help me to care for the poor.  
Give me the \$ to open a free clinic.  
Give me the support staff to help care for these people.  
*(MS4, Class of 2007)*

Remind me why I chose a life of service.  
Help free me from the traps I set for myself in how I think and act that keep me from expressing myself and from reaching my goals.  
Help me to find my voice again.  
*(MS1, Class of 2010)*

Help me to realize my role as a physician.  
Help me to enjoy my work, long hours, daunting tasks, etc.  
Help me to maintain my personal life and enjoy my surroundings.  
Support me when needed.  
(MS4, Class of 2007)

Strengthen me to see every patient with hope and optimism.  
Help me to be patient.  
Help me to foster an atmosphere of family.  
(MS4, Class of 2007)

Help me to give my time, myself selflessly, uncaring for time restraints.  
Give me caring, dedicated, friendly colleagues.  
May I be confident, knowledgeable and completely carefree.  
(MS4, Class of 2007)

Show me how I can inspire hope for better.  
(MS4, Class of 2007)

May I provide others with comfort and care  
Through sickness and pain  
Giving my strength and knowledge  
Selflessly embolden by the grace and virtue of compassion and the art of the healer  
passed down through the ages  
(MS4, Class of 2007)

***Help me to be patient.***  
***Help me to slow down.***  
***Bring us peace to discern.***  
***Help me to care for the poor.***  
***Help me to find my voice again.***  
***Show me how I can inspire hope for better.***  
***May I provide others with comfort and care.***  
***Remind me to love myself so I can love others.***  
***Help me to maintain my personal life and enjoy my surroundings.***  
***Help me to give my time, myself selflessly, uncaring for time restraints.***  
***Remind me that objects are not important, that attachment is futile, that letting go is  
often the best place to begin.***  
***(Cumulative)***

Help me to serve without self interest.  
Help me except knowing that someone is better because they knew me.  
Help me to be fearless in serving and in learning to serve.  
Help me to ask for help.  
Help me to be patient.  
*(MS1, Class of 2010)*

Remind me to never judge a person by their given situation.  
Help me to always keep the most important things at the top of my priority list.  
Show me how to be patient and understanding.  
Help me to always stay grounded and true to myself.  
*(MS1, Class of 2010)*

Help me to remember that the journey is as important as the destination.  
Remind me that I am sacrificing now so that I can contribute even more later.  
Help me keep a positive outlook and not allow the process of learning how to heal  
remove my desire to do so.  
*(MS1, Class of 2010)*

Help me to create an environment where all patients have access to treatment.  
Strengthen me to help all the people I work with help each other as a team.  
Help me to give my best to everyone everyday.  
*(MS1, Class of 2010)*

Allow me to do my best to help others.  
Give me the knowledge to be confident in my actions.  
*(MS4, Class of 2007)*

Help me not be concerned about the time it takes or the money I am losing to take care of  
this patient.  
*(MS4, Class of 2007)*

Give me perspective.  
Remind me to enjoy my surroundings.  
Help me to care about others, even when I'm exhausted.  
*(MS4, Class of 2007)*

Help me to be respectful of patients in all conversations and all places.  
May I be patient and generous with my time.  
Help me to see wonder in small miracles.  
*(MS4, Class of 2007)*

Give me courage.  
Help me to be more confident.  
Remind me that what I'm doing is making a positive difference.  
(MS4, Class of 2007)

Help me to let go of all attachments.  
Give me strength to persevere.  
Help me gain true understanding.  
(Class of 1988)

Help me be present.  
Give me the strength to be honest with myself and others.  
Give me integrity.

Remind me that each one of us just wants to be loved for ourselves, assured we can live fully ourselves...  
Help me to see each patient as the other to whom I have the privilege of offering help and companionship in a moment of fractured, vulnerable being...  
My work is to help and care...so let me always be open to being helped and taught.  
(MS4, Class of 2007)

Help me to admit when I need help.  
Help me to feel and experience my emotions.

***Give me perspective.***  
***Help me gain true understanding.***  
***Help me to feel and experience my emotions.***  
***Help me to give my best to everyone everyday.***  
***Give me the knowledge to be confident in my actions.***  
***Help me to be fearless in serving and in learning to serve.***  
***Give me the strength to be honest with myself and others.***  
***Remind me to never judge a person by their given situation.***  
***Remind me that what I'm doing is making a positive difference.***  
***Help me to be respectful of patients in all conversations and all places.***  
***My work is to help and care...so let me always be open to being helped and taught.***  
***Help me not be concerned about the time it takes or the money I am losing to take care of this patient.***  
***Help me keep a positive outlook and not allow the process of learning how to heal remove my desire to do so.***  
(Cumulative)

Strengthen me to be compassionate to all my patients.  
Enable me to encounter my patients with love and gratitude.  
Remind me to be sensitive to my own needs.  
*(MS4, Class of 2007)*

Help me retain my excitement and interest in the “whole patient”.  
Give me the ability to truly listen to others to better serve their needs.  
Show me the kindness of others and the resiliency of the human spirit.  
*(MS4, Class of 2007)*

Help me to open my eyes and see the needs of my community.  
Inspire me to develop innovative and practical solutions to these needs of my community.  
Guide me to the resources I will need to make these solutions reality.  
Remind me of my aspirations early in my career.

Help me to find joy in all parts of my job, even the parts on like least.  
Give me the time to spend on educating my patients.  
*(Class of 2003)*

Give me the strength to do the best I can each and every day.

Help me to be motivated to learn the things I need to in order to help my patients.  
Give me the wisdom and understanding to meet my patients where they are at with the treatments they need – whether it be compassion, humor, a clear explanation of their illness, etc.  
May I remember to think of each patient as a person, a human being, rather than a medical case or set of symptoms and problems.  
*(MS1, Class of 2010)*

Help me to be respectful, honest, and kind to all others; patients, coworkers, etc.  
Show me compassion and non-judgement toward others.  
*(MS1, Class of 2010)*

Help me to help.  
Give me perseverance.  
Bring me happiness in all good I attempt to do.  
*(MS1, Class of 2010)*

May I be of service to others.  
Show me the way of the heart.  
Give me the strength and faith to reduce the challenges.  
Help me to love.  
*(Class of 1984)*

Help me to see this profession as a calling and an act of science.  
Show me how to best serve my patients.  
Help me have a balanced life and have my family as a priority.  
*(MS4, Class of 2007)*

Remind me to be open minded.  
Help me to relax and stay focused on those I care about.  
Remind me to stop and enjoy life.  
*(MS4, Class of 2007)*

Might I be better with taking the time to learn about my patients as people.  
*(MS4, Class of 2007)*

Help me to see each day as an opportunity to marvel at the wonders of life revealed by those whom I serve.  
*(MS4, Class of 2007)*

May I be kind and patient.  
Help me to remember why I am doing this.  
Allow me to help others.  
Strengthen me to always do my best.  
Help me remember that I am privileged to help others.  
*(MS4, Class of 2007)*

Allow me to be more patient.  
Help me to find time to reflect on past, present and future.  
Remind me that life is good even during the rough times.  
*(MS4, Class of 2007)*

Help me bring about recognition of our commonalities – that we are all human beings with similar needs, hopes and dreams.  
Show me how to help others on all the levels they need me whether for a cure, comfort, basic needs, or just friendship and understanding.  
Bring me the peace of spirit to not become discouraged by how insignificant my work as just one person can seem when faced with how much needs to be done.  
Help me inspire people to also contribute what they give to help others who are in need.  
*(MS1, Class of 2010)*

Help me not to be shy about doing what my gut tells me to ...even if it will be difficult.  
Help me to pay most attention to the things that will have eternal consequences.  
Remind me to make sure all my patient's needs are taken care of before I am off to "my life".  
Help me to see/feel my patients as part of "my life" moreover: be where you are. Don't try to do both things at once.  
Help me to see this profession as a calling – as an act of science.  
*(MS4, Class of 2007)*

Help me to not become cynical.  
*(MS1, Class of 2010)*

Help me to gain the knowledge needed to serve develop mentally disabled people – particularly those who are non-verbal so that they may feel someone has listened to there needs.  
Allow me the strength to apply myself towards the end of justice.  
*(MS1, Class of 2010)*

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May I be of service to others.  
Help me not to become cynical.  
Help me to relax and stay focused on those I care about.  
Show me compassion and non-judgement toward others.  
Help me to find time to reflect on past, present and future.  
Enable me to encounter my patients with love and gratitude.  
Give me the strength to do the best I can each and everyday.  
Help me to see this profession as a calling and an act of science.  
Allow me the strength to apply myself towards the end of justice.  
Give me the ability to truly listen to others and better serve their needs.  
Help me to find joy in all parts of my job, even the parts I like the least.  
Might I be better with taking the time to learn about my patients as people.  
Help me not to be shy about doing what my gut tells me to...even if it will be difficult.  
Inspire me to develop innovative and practical solutions to the needs of my community.  
Help me to see each day as an opportunity to marvel at the wonders of life revealed by those whom I serve.  
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Give me the wisdom and understanding to meet my patients where they are at with the treatment they need – whether it be compassion, humor, a clear explanation of their illness, etc.  
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